TARGET RIFLE AUSTRALIA LTD WWW.TRA.ORG.AU EDITIED BY TRICIA VAN NUS

TRA MAGAZINE—JANUARY 2017

ISSUE 43

JANUARY 2017

SPECIAL POINTS OF INTEREST:

All of it!

INSIDE THIS ISSUE:

| CHLOE ESPOSITO | 1 |
|--------------------------|-------|
| ELEY | 2 |
| COMP RESULTS | 3 |
| SHOOTING AUSTRALIA | 4-5 |
| LAWLER RESULTS | 6 |
| PROTOCOL | 8 |
| BENCHREST NEWS | 10-11 |
| IMPROVE YOUR SHOOTING | 12-13 |
| LANNY BASSHAM | 14-15 |
| TECHNICAL | 15 |
| ISSF | 17 |
| ANSCHUTZ | 18 |
| PARA-SHOTGUN | 20 |
| LAST BITZ | 22-23 |
| | |





CHLOE ESPOSITO NAMED AS THE ABC SPORTS PERSONALITY OF THE YEAR.



Chloe Esposito is an Australian shooter and modern pentathlon competitor. She competed at the 2008 Commonwealth Youth Games in the 10 m air pistol, and represented Australia at the 2012 Summer Olympics in the modern pentathlon.

However it was the winning of

the gold medal in the same event at the 2016 Rio Summer Olympics that has captivated the nation.

What is Pentathlon you ask? There is a good chance you did not even know what the modern pentathlon was, prior to Rio, and just in case you forgot, it consists of swimming, fencing, show jumping, running and shooting — because why not?

Often pistol training at SISC, Chloe is well known to many within TRA. CONGRATULATIONS CHLOE.





Media Release

New Eley Ammunition Supply Arrangements

Recently Eley U.K. formally advised Target Rifle Australia Ltd. that it had revoked the appointment of TRA Ltd. as an importer and

appointed NIOA as the sole importer of Eley Ammunition products in Australia.

TRA Ltd. have met with representatives of NIOA and reached an agreement that will ensure TRA Ltd., through its subsidiary company, Target Ammunition Pty Ltd. continues to sell ammunition products to customers and that the proceeds from such sales will continue to be reinvested in the sport at all levels.

The agreement is primarily for Eley products but also opens the possibility for member bodies to purchase other ammunition products (such as Lapua, CCI etc.) through Target Ammunition Pty Ltd. in the future.

Transition Arrangements:

- Target Ammunition Pty Ltd will continue to sell its remaining stocks of Eley ammunition products. Purchasing preference will be given to TRA Ltd.'s current customers at the current pricing structure including discounts for multiple case purchases.
- All enquiries from TRA Ltd. Member Bodies and members concerning Eley and other ammunition products offered by NIOA will continue to be made through Target Ammunition Pty Ltd.
- Orders and payments will still be placed through the usual Target Ammunition Pty Ltd. channels however there will be some adjustments to freight and pricing structures in the future to align with those offered by NIOA.

The directors of Target Rifle Australia Ltd. have secured this agreement to ensure that all member bodies and stakeholders throughout Australia continue to benefit by having good quality ammunition available at competitive pricing structures.

If you have any questions, or need any other information in relation to this matter, please contact Target Rifle Australia Ltd.

Yours Faithfully,

Richard Toye

Executive Officer

Target Rifle Australia

NATIONAL SMALL-BORE RIFLE ASSOCIATION (UK)

Postal International Matches 2016

| Dewar Great Britain 7843 United States of America 7811 South Africa 7563 | Randle Great Britain 3988 United States of America 3974 |
|--|---|
| Wakefield | Drew |
| Great Britain 5932 | Junior Men – Team of 3 |
| South Africa 5872 | Australia 1756 |
| Australia 5868 | United States of America 1747 |
| United States of America 5849 | New Zealand 1725 |
| New Zealand 5847 | South Africa 1721 |
| | Great Britain 1718 |
| Drew | Drew |
| Junior Women – Team of 3 | Junior – Team of 10 |
| United States of America 1730 | United States of America 5791 |
| Great Britain 1714 | Australia 5747 |
| South Africa 1697 | Great Britain 5719 |
| Australia 1697 | South Africa Did Not Shoot |

Congratulations to all team members who shot these matches at the TRA Nationals in Victoria. These events will again be shot in 2017—during the TRA Nationals.

REMEMBER TO DOWNLOAD THE LATEST VERSION FROM THE ISSF WEBSITE



International Shooting Sport Federation Internationaler Schless-Sportverband e.V. Fédération Internationale de Tir Sportif Federación Internacional de Tiro Deportivo ISSF - Baustiaring 21 - D-80336 Winehen - Germany Phone http://www.issf-sports.org/news.ashx?newsid=2257

ISSF RULES - 3rd Print published online - Quota rules and anti-doping

13.11.2014 by Marco Dalla Dea

The International Shooting Sport Federation has released the 3rd print of the ISSF Rules, now available for download. WADA updated the World Anti-Dooling Code.



Whole of Sport Governance Review

The Board discussed the Governance Review Workshop being conducted over the weekend of the 12th /13th of November. The Board agreed it was a critical weekend for the future of the sport and it was great that so many Member Body and State representatives will be together for this discussion.

A lot of work has gone into the program and guest speakers and importantly on trying to create an atmosphere of respect for all and one that encourages open and honest dialogue.

Media and Promotion

The Board commented on the significant reach and cut through being achieved in the media and digital space. As a result the Board asked that Kelly Wright's, Marketing & Communications Manager report be attached to the summary sent to Member Bodies.

Winning Edge Assessment Panel

| The Board discussed the Winning Edge Assessment Panel presentation that Shooting |
|--|
| Australia would be giving shortly. The major areas highlighted are; |
| ☐ Alignment with the SIS/SAS network |
| ☐ Centralisation of programs around National Centres of Excellence |
| ☐ Galvanising athlete pathways through our sport |
| ☐ Further improving the culture of the program and teams focussing on accountability |
| ☐ The employment of National Development or Assistant Coaches through the |
| Institute programs. |
| |

The discussion also highlighted that it is the responsibility of Shooting Australia to invest in its programs as it deems appropriate and that the AIS does not determine this investment for us.

Australian Sports Commission (ASC) Funding

The Board noted the investment decision of the ASC post Rio. Shooting Australia was one of only a few sports to maintain our level of investment for the remainder of the 16/17 financial year based on our Rio Olympic performances.

Unfortunately our Para program will have its funding reduced slightly for the remainder of the 16/17 financial year based on the Rio Paralympics.

Election of President

As per the Constitution the "Board shall appoint a President from amongst its number annually at the first Board Meeting following the Annual General Meeting". As a result Cath Fettell was elected by the Board as the President of Shooting Australia.

Whole of Sport Governance Review

The Board discussed the outcomes achieved from the Governance Review Workshop. Overall it was extremely positive and there was a general sense that there are things we can do better if we work together. Shooting Australia must now ensure that the agreed outcomes are collectively pursued and turned into action.

NATIONAL SMALL-BORE RIFLE ASSOCIATION

P O Box 122, Brookwood, Woking, GU24 0YW, UK. (E-mail: competitions@nsra.co.uk)

COMMONWEALTH CITIES MATCH 2016

One team of 15 representing the Chief City of each country in the United Kingdom, and each State or Province in Australia, Canada, New Zealand, Sri Lanka and other countries in the Commonwealth. 20 shots per team member, at 25 yards BM 89 series cards.

Awards: Winners 16 Commonwealth Cities Match Badges

RESULTS

Team Score

| I | Edinburgh, Scotland | 2923 |
|---|-----------------------|------|
| 2 | Auckland, New Zealand | 2859 |
| 3 | Sydney, Australia | 2798 |
| 4 | Melbourne, Australia | 2531 |

2016 Grahame Lawler Air Rifle Teams Competition

Team Points

| | | | Round | | | | |
|-----------------|---|---|-------|---|---|---|-------|
| State | 1 | 2 | 3 | 4 | 5 | 6 | Total |
| South Australia | 3 | 3 | 3 | 3 | 3 | 3 | 18 |
| New South Wales | 3 | 1 | 3 | 3 | 1 | 3 | 14 |
| Victoria | 1 | 3 | 1 | 1 | 3 | 1 | 10 |

Team Draw & Scores

| Round State | | nd State Score | | Score | |
|-------------|-----------------|----------------|-----------------|-------|--|
| 4 | New South Wales | 2,253 | Victoria | 2,250 | |
| 1 | South Australia | 2,283 | Bye | - | |
| - 10 | South Australia | 2,322 | New South Wales | 2,307 | |
| 2 | Victoria | 2,201 | Bye | | |
| 3 | Victoria | 2,222 | South Australia | 2,339 | |
| | New South Wales | 2,300 | Bye | | |
| | New South Wales | 2,276 | Victoria | 2,238 | |
| 4 | South Australia | 2,322 | Bye | | |
| 5 | South Australia | 2,336 | New South Wales | 2,294 | |
| | Victoria | 2,276 | Bye | | |
| 020 | Victoria | 2,239 | South Australia | 2,325 | |
| 6 | New South Wales | 2,319 | Bye | | |

Individual Scores

| | Round | | | | | | | | |
|--------------------|-------|-----|-----|-----|-----|-----|-----|-------|-----|
| Shooter | State | 1 | 2 | 3 | 4 | 5 | 6 | Total | |
| Maria Rebling | NSW | 578 | 588 | 583 | 583 | 578 | 588 | 3,498 | 581 |
| Michael Nicholas | SA | 571 | 573 | 572 | 580 | 584 | 582 | 3,462 | 177 |
| Chris Lott | VIC | 573 | 576 | 566 | 565 | 564 | 570 | 3,414 | 567 |
| Daniel Clopatofsky | NSW | | 585 | 581 | 580 | 580 | 583 | 2,909 | 582 |
| Kevin McKenzie | NSW | 565 | 568 | 572 | | 571 | 582 | 2,858 | 872 |
| Michael Davis | VIC | 566 | | 567 | 572 | 575 | 561 | 2,841 | 541 |
| Sue Carlyon | N5W | 562 | 566 | 564 | 557 | | 566 | 2,815 | 563 |
| Nicholas loakim | 5A | 582 | 572 | | 573 | | 578 | 2,305 | 976 |
| Lindsay Braybon | VIC | | 552 | | 556 | 553 | 552 | 2,213 | 353 |
| Emma Adams | SA | | 588 | 591 | 584 | | | 1,763 | 581 |
| Victoria Rossiter | SA | | 589 | 582 | | 587 | | 1,758 | Shr |
| Neil Davis | VIC | | 540 | 552 | 545 | | | 1,637 | 540 |
| Sean Finn | VIC | | 533 | 537 | | | 556 | 1,626 | 542 |
| Jack Rossiter | SA | | | 594 | | 587 | | 1,181 | 19 |
| Kata Kowplos | SA | | | | | 578 | 583 | 1,161 | 581 |
| Emma Woodroofe | SA | 573 | | | 585 | | | 1,158 | 879 |
| Alex Hoberg | SA | 557 | | | | | 582 | 1,139 | E31 |
| Dawn Tecza | NSW | 548 | | | | 565 | | 1,113 | 553 |
| Sue Lott | VIC | | | | | 584 | | 584 | 30 |
| Timothy Braybon | VIC | 557 | | | | | | 557 | 157 |
| Lee Mallitt | NSW | 556 | | | | | | 556 | 156 |
| Kai Ooi | VIC | 554 | | | | | | 554 | 854 |





TRA Members can now take advantage of a great rate from our preferred car rental Partners:

AVIS and BUDGET CAR REN TAL

Avis and Budget now offer Target Rifle Australia Ltd. Members

- A 2.5% discount on car rental*
- Qantas Points enabling members to accrue points for rentals booked under the program.
 - Tailored Booking Tool allowing members to obtain quotes, compare prices for both brands and make bookings.

*Discount only applies to the net daily rate component on selected promotional rates. It doesn't apply to additional fees, taxes and optional extras (e.g. excess reduction, portable GPS etc.)



PROTOCOL FOR MEDAL CEREMONIES

T. Van Nus

Hey—you worked hard during the match, and tried your best...you've checked the scores, and WOW—you are in line for a medal, whether it is a Graded or Open medal, no matter.....what happens next?

There are numerous ways of getting a medal—someone calls out your name and you trudge up to the person holding it, maybe shake their hand, and slink back to your spot with friends.

Well. This may work at a Club level, but it is never too early to learn the correct protocol—from Club to the Olympics, it should be the same routine.

Firstly, let's check the medal dais, and they come in many styles, however the routine is just the same.





Firstly, all medallists should "report" to the medal area, so it is easy to spot those that need "finding"

There is nothing worse than missing medallists!

Then, as the event is announced, the three medallists should walk around behind the dais of their award, and wait to be announced.

2 1 3 of

When the third placed athlete is announced, the athlete steps up onto the dais to receive their award. When the second placed athlete is announced, they should walk around and shake hands with the third placed athlete, and then step onto the dais to receive their award.

When first place is announced, they should proceed around the front of the dais, and shake hands with both the second and third placed athletes, and then step up to the dais.

All athletes need to remain in their places—there will be people who want photos and this is your moment of glory.

That's the simple logistics of a proper medal ceremony—now, what to wear?

- While caps/hats are great on the range, they do not belong on the dais—leave all caps/hats with a friend.
- As a medallist, the athlete should be neatly dressed—a club, State or Australian team shirt, track pants (or long shorts) and gym shoes are great, and look very good in photos.
- Bring your smile with you
- Remember that these days, photos go up on the web and social media in a matter
 of seconds after the presentations—be a good ambassador for your sport.

Remember these tips and enjoy your next award ceremony.



REPORT OF THE TRA RBA NATIONAL 2016

The TRA RBA National 2016 was held at the Melbourne International Shooting Club, Port Melbourne over the period of 24 - 27 November, 2016. This Competition was conducted by TRV.

A coaching course was held for members on Thursday, 24 November, followed by official practice both in Air and Rimfire. The organisation was ably supported by Victorian Clubs of Frankston, Hamilton and Brunswick. Equipment being loaned either by those Clubs or supported by their members.

The competition started on Friday, 25 November, with both the Light and Heavy Air Rifle events. These events were shot with two cards and formed part of the selection process for the Australian Air Rifle Team to shoot in Slovenia in 2017.

The LV was won by Greg Schneider, second was Bob Mulder, third was Jaegen Peet. Similarly the Junior winners were Michael Di Pasquale and Jared Schneider. There was no third placegetter. This was followed in the afternoon by the Heavy Air Rifle. Winners were, first, Stuart Elliott, second, Joy Harrison and third, Murray Cole.

On Saturday, 26 November, the Rimfire, International Sporter and Light Varmit (LV) were shot. The Sporter winners were, first, Rebecca Richards, second, Neil Digweed and third, Bill Simmons. The LV winners were first, Annie Elliott, second, Glen Seaman and third, Mat Brough.

On Sunday, 27 November, 2016, the premier event, Heavy Varmit Rimfire (HV) was shot over three cards. Winners were first, Stuart Elliot, second, Rebecca Richards and third, Greg Schneider.

These results were combined into 2 Gun Air, 2 Gun Rimfire, 3 Gun Rimfire, and 5 Gun combined aggregates. The results were, first 2 Gun Air, Stuart Elliot, second, Greg Schneider third, Joy Harrison.

Results of 2 Gun Rimfire were, first, Annie Elliot, second, Rebecca Richards and third, Stuart Elliot. Results of 3 Gun Rimfire were, first, Rebecca Richards, second, Joy Harrison and third, Bill Simmons.

Combined Air and Rimfire 5 Gun results were, first Rebecca Richards, second, Joy Harrison and third, Greg Schneider.

The combination of last years results from the 2015 Sydney National and this years results from Melbourne made the team selections, the teams are subject to confirmation by the member chosen and our controlling organisation.

The Australian Teams - Air -

Team A – Rebecca Richards, Stuart Elliot, Bob Mulder.

Team B - Les Fraser, Neil Digweed, Annie Elliot.

Team C - Greg Schneider, Bill Simmons, Michael Di Pasquale.

Juniors - Michael Di Pasquale, Jared Schneider, Patrick Sullivan.

The Australian Teams - Rimfire -

A Team, B Team\ and C Team (if it is permitted), and also a Junior Team.

Members of these teams are

A Team - Rebecca Richards, Mat Brough and Bill Simmons.

B Team - Stuart Elliot, Richard Lightfoot and Joy Harrison.

C Team – Annie Elliot, John Patzwald and Glen Seaman.

Juniors – Caden Bardell, Jared Schneider and Michael Di Pasquale.

All shooters were tested by the wind conditions, particularly as the competition was shot on the large 40 bay electronic range, using portable benches placed at the firing point and portable target holders placed between the electronic scoring machines. The competition was shot on 25 shot scoring shot paper targets. The range set up was achieved by the generous loaning of benches and target holders from Frankston and Hamilton.

David Ball brought up a trailer load of equipment from Hamilton. The generosity of members who supported the event was demonstrated by helping with the set-up, their help was greatly appreciated.

The scoring program was run by Dennis Peacock and supported by Annette Rowe, John Hannigan and Ken Baric.

The target crew was run by Martin Lee, supported by Bob and Shane Langford of Brunswick and other dedicated shooters.

The Chief Range Officer, Rob Spratt from Leongatha supported by Shane Longford, did an excellent job interpreting the WRABF Rules which are somewhat different to local TRV and TRA Rules. Without Rob's knowledge and assistance the shoot would not have gone as successfully.

In particular I would like to thank Michael Schneider for his assistance in scrutineering and to his brother, Greg for his overall direction from the Australian Team perspective.

Finally, the award ceremony, special thanks go to Annette Rowe for her staunch support throughout the competition, running of the administration, keeping us all focused and also doing a good job shooting. She was ably supported in the social event by Marise Maccora.

All the shooters wish to thank Melbourne International Shooting Club for the use of the venue and in particular, Tony Dench who took on the catering from the Club's perspective and had

at 8.00 a.m. and the bar open until 4.00 p.m.

A combination of great shooters, venue, trying weather, both challenged and rewarded all the attendees.



IMPROVE YOUR FITNESS....IMPROVE YOUR SHOOTING

Is "athletic shooting" really a thing?

by Fitness for Shooters.com

Over the past year or so, I've heard lots of references to "athletic shooting" bandied about in the shooting community. A few bloggers have commented on the meaning of the term, with one person defining it as the state of being "not an old fat white guy", and similarly dismissive sentiments.

Given that target shooting is a recognised competitive sport where shooters can compete at Olympic level, I look at the matter from a different perspective.

I consider the term "athletic shooter" to mean this:

"a serious competitive shooter who actively seeks to improve their sportsspecific fitness in order to gain a competitive edge."

This definition applies to a competitor in any discipline, from the clay target shooter to the biathlete. The latter is, of course, an athlete in the traditional sense, and the very point of biathlon is to develop such a high level of cardiovascular fitness and endurance as to be able to hold a rifle still enough to hit a target at 50m from a standing position, after skiing flat out for up to 20 kilometres.



Similarly, a new trend in shooting competition is the endurance or adventure race, which puts its competitors through a punishing course that lasts, in some events, up to 40 hours (like the Sniper Adventure Challenge and Vortex Extreme).

Disciplines like IPSC and 3 Gun are becoming more and more popular each year, and place certain demands on participants. Shooting against the clock, an IPSC shooter will attempt to move as quickly as possible through a stage, and they are often required to shoot from a variety of difficult stances – including from one knee, squatting, or even half lying down.

If you want to compete in this discipline at the elite level, then you'll want to develop your agility, core and lower body strength, balance and general fitness to make sure you are faster than your fellow competitors. The top shooters certainly take their physical fitness very seriously, as a recent interview with Bianchi Cup champion Doug Koenig revealed.

But what about all the other target shooters, who compete in much more sedentary pursuits like clay target shooting? Even at the Olympic level, not all shooters take good care of their physical health.

Chatting with my physiotherapist during a recent appointment, I was intrigued to discover that he had worked with Olympic shooters in the past. He remarked that, while some Olympic shooters were physically fit, a surprising number of them were far from it.

From my own experiences in the shooting community, I believe this is partially due to the culture of many shooting clubs – at least in Australia – where fitness is not seen as an important part of training for competition.

However, I also believe that there is a cultural shift underway. In the lead up to the recent Rio Olympic Games, many of the Olympic hopefuls interviewed revealed that their fitness is a very high priority.

For example, young Olympic trap shooter Laetisha Scanlan shared that her fitness routine was a important component of her preparation for Rio.

Target shooting is no longer the domain of "old fat white guys" – people of all ages, creeds and nationalities are taking up target shooting across the world. In particular, record numbers of women are competing at elite level – and not just in western countries.

Some of the most accomplished Olympic shooters from Iran and India are women. And with this exciting diversification of our sport, more and more shooters are taking an interest in improving their fitness, so they can take their competition to the next level. Do you consider yourself an athletic shooter?

CHECK OUT AND ENJOY— http://www.fitnessforshooters.com/

CHECK OUT AND ENJOY— http://www.gungirldownunder.com/

MENTAL MANAGEMENT SYSTEMS



People Appreciate Things in Direct Proportion to the Price They Pay for Them.

One of the reasons winning is so sweet is because it is so hard to do. We tend to value things in direct proportion to the price we pay for them. This principle is valid for your children as well. What if winning was easy for them? What if there were no exams, and everyone got an A? What if there were no grades, no awards, no victors, no medalists, no champions? I think there would be no value in getting better, no need to overcome obstacles or seek solutions to problems. We would soon become valueless



I have often heard that our American society may be creating an entitlement culture. I fear because our ancestors suffered in the building this great country, desiring to make life better and easier for their children, every generation has had fewer problems to overcome and has lost some of the appreciation for paying the price. We may have created the idea in some that hard work, excellence, and earning your way is being replaced by half-way effort, let's lower the standards, and a someone should give it to me attitude.

I hope you can motivate your children to become excellent. Do they want the doctor who operates on them in the future to have attended an easy medical school? Do they want the soldier defending their country or the policeman answering the call to have low standards in their training? If they become a business owner, do they want the workers they hire to expect a high wage without providing skilled service? Do they really want the tasks required by the sports they compete in and the school assignment they are presented to be easy ones?

Problems create obstacles in the way of your child's success. Problems force them to make a choice: ignore the problem, be defeated by it, or overcome it. Their self-worth is at stake. Every time they solve a problem or overcome an obstacle their Self-Image grows. Making it easy today always makes it harder tomorrow.

Overcoming Nerves in Competition

One of the most common issues we come across is how to handle nerves before and during competition. This is something that most people have experienced and have struggled with. There are things you can do to tackle this issue.

First, be disciplined and follow your training plan. I see too many people fail to follow their training plan or do not have one in the first place. This is a must in overcoming nerves in competition.

If someone is nervous because he or she didn't properly prepare for the event, I would understand why they would have trouble with nerves; however if the individual followed a plan and properly prepared, he or she would be in a position to trust their performance. Preparation is a key ingredient to overcoming nerves.

When you properly prepare and nerves come into play just before or during the competition, you can remind yourself that you have prepared for this and are ready to perform.

Second, experience helps to overcome fear. For most of us the reason we become nervous is the fear of not doing well. We question if our performance will generate the result we desire. This adds more pressure in competition. However, with more competition experience we can overcome many of these feelings of nervousness and fear.

I remember going into my second National Championships and feeling less anxious than the year before. I asked my dad if this was normal. His response was spot on, as usual. "Last year you didn't know what to expect, this year you do. You are familiar with the facility, the competitors, and the situation you are facing." This is why veterans have an advantage over the less experienced competitor. They can rely on their experience to reduce nerves because they know what to expect.

Third, you must have a strategy. The strategy we teach is a three step strategy. You begin with mentally rehearsing how you want to feel during the competition before your warmup. The focus should be on specifically how you want to feel during the event. Some examples are feeling confident, calm, having fun, relaxed, and being process minded.

The next step is to do deep breathing techniques while mentally rehearsing your performance of the event. This is done just before the start of the event. It takes five minutes and in some sports can be done during the warmup period. Mental rehearsal narrows your focus and increases the probability of having a good start.

The final step is the fake yawn. This technique can be used immediately before the start of the event or during the event when nerves kick in. This strategy forces the individual to focus on yawning and not on being nervous, at the same time generating a calming effect. These simple strategies can provide you an advantage over your competition.

IMPORTANT TECHNICAL NEWS FROM SHOOTING AUSTRALIA.

While coach accreditation has been available for nearly 40 years, and the process of obtaining accreditation through the Shooting Australia and Target Australia courses is well known, the situation with technical accreditation has been mostly left to each individual NSO, without any possibility of Sport's Commission accreditation.

The ISSF A and B Officials were noted, but it did look as if the shooting sports had no accredited officials.

That has now changed with the introduction of the ASC accredited, Shooting Australia Technical Officials Course.

This new course can be used as a stand-alone course, (and some disciplines will d just that) or applicants can be accredited through "recognition of prior learning"

Many of the Shooting Australia's Technical Committee have worked to complete this project and it is now ready for action, to start in 2017.

What does it mean to current, active TRA Officials who are interested in obtaining a Sports Commission accreditation?

Firstly—an applicant for the Technical Officials accreditation must have the discipline's national licence in all categories.

Secondly—a competency assessment is completed by an accredited Assessor.

Thirdly—upon successful completion of the two above, the information is recorded by the national technical officer in the discipline and forwarded to Shooting Australia with a recommendation for accreditation.

Like the Coaching accreditation, a card will be issued, and the accreditation is valid for four years. Do the current skilled officials need to attend a course? No, however they will need to apply for this RPL (recognition of prior learning).

This is part of the Volunteer & Officials Pathway, and will be an essential element in the leadup to the selection of Commonwealth Games volunteers/officials. There is plenty of time to apply for the accreditation...if you already have a full licence from TRA.

If you hold a Club/State Range Officers "ticket" then you need to encourage your State to hold a national licence course, in the next four months ie ASAP.

Questions? Call your Technical rep or email me at traus@westnet.com.au The course and info will be on the Shooting Australia website very soon.

HAVE YOU ENTERED THE TRA NATIONALS TO BE HELD IN SOUTH AUSTRALIA? All the info is on the TRA website.

HAS YOUR STATE MADE PLANS TO CONDUCT ANY COACHING COURSES IN 2017? Please let me know ASAP.

HAS YOUR NOMINATED ANYONE TO TRA FOR THE SHOOTING AUSTRALIA'S AWARD OF EXCELLENCE. Info is on the Shooting Australia website, or email Richard Toye. (Again his details are on the TRA website)

ARE YOU AWARE OF THE TRA FACEBOOK PAGE. Make a comment, add a video, support your sport.

THERE ARE POSITIONS AVAILABLE AS DIRECTORS OF TRA. Check with your State Representative for all details.



ISSF NEWS—

Niccolò Campriani and Anna Korakaki win the 2016 ISSF Shooter of the Year awards.

Both athletes shone at the Olympic Games held in Rio de Janeiro (BRA) last August, claiming two medals each and sealing their season at the World Cup Final.

CONGRATULATIONS

ANSCHÜTZ Anniversary models

On the occasion of 160 year anniversary, ANSCHÜTZ manufactures 160 models of an exclusive and strictly limited anniversary edition.

The anniversary-edition consists of 8 different models. ANSCHÜTZ produces 20 exemplars of each of these 8 models. These unique models are produced by our specialists in the number range from 160 0001 - 160 0160.

These exclusive models are made in excellent gunsmith quality with love and care for details and first class precision. The first of July is the foundation date of the ANSCHÜTZ company, and will be the date for presenting our first anniversary model.



Ever since their foundation 160 years ago, ANSCHÜTZ stands for innovation and perfection.

The ANSCHÜTZ family stand for this with their name.







The perfect stocking filler!

PLANNING FOR COACHING COURSES IN 2016.

If you are interested in becoming an accredited coach—then please ask your State Association for details about when courses will be held near you in 2016-17.

There is a TRA Instructor's course (which is only accredited with TRA) and from that the coach moves to the Club course, then the Competition courses, both of which are accredited with Shooting Australia and the Australian Sport Commission.

There is also an Advanced level, for those who are seriously interest in coaching.

The courses provide quality coach education. See your State Coach for further details.



Target Rifle South Australia Inc.

132-134 Wingfield Road WINGFIELD SA 5013 Ph: 08 8347 2488 and speak to Emma or Gary Email: sales@targetriflesa.com

Shop hours are 10.00a.m. - 4.00p.m. Tues -Sats.



MOST RIFLES AND OTHER SHOOTING GEAR

Anschutz, Feinwerkbau, etc etc

Shooting Boots Shooting Gloves Shooting underwear Slings Handstops Shooting Jackets

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Rifle spare parts

Cleaning gear Benchrest stands Benchrest stocks Telescopic sights Books

Rifle cases/bags Weights Training accessories

Shooting Glasses

Buttplatesetc

If you want it-we have probably got it-or could get it in for you. Check out our website on www.targetriflesa.com

ALL PROFITS FROM THE TARGET RIFLE SA STORE GO BACK INTO OUR SPORT.

First Para clay target World Cup to take place in 2017

Several years of research and development has resulted in the inclusion of the shotgun discipline for shooters with a physical impairment.

World Shooting Para Sport will hold its first Para clay target World Cup in 2017, as the sport continues the expansion of its programme into shotgun.

Following several years of research and development, the discipline, based on the Olympic Trap, has taken the next step to

being fully recognised by World Shooting Para Sport.



The Para clay target World Cup will kick-off off a two year testing period of the rules and sport specific classification system for athletes with a physical impairment.

This is being taken forward by World Shooting Para Sport via a new Para Clay Target Development Group, building on the work of the Italian Shooting Federation (FITAV) who had led the early stages of the project.

"This is a much anticipated development and represents another crucial milestone in shooting Para sport for the athletes, teams, fans and the media. We cannot wait to see the athletes shoot the first clays at this level in 2017."

The provisional classification system features three sport classes.

Class I will include athletes with poor balance and or trunk stability who compete from a wheelchair in a standard seated position. Athletes have an impairment in their lower limbs but no functional limitation in their upper limbs.

Class 2 athletes have good balance and trunk function, and compete from a standing position. Athletes have an impairment in the lower limb(s), but no functional limitation in the upper limbs.

Class 3 athletes have good balance and trunk function, compete from a standing position, and have an impairment in the upper limb (non-shooting arm).

The rules for Para clay target shooting will be published shortly, alongside the dates and location of the World Cup.

https://www.paralympic.org/news/first-para-clay-target-world-cup-take-place

Frohes neures Jahr

hyvää uutta vuotta

Bonan Novjaron

Gelukkig nieuwjaar Kul 'am wa antum bikhair

Eutychismenos o kainourgios chronos

Belamat Jahun Baru

Buon anno

Xin nian yu kuai

To all our readers—a 2017 wish... a wonderful, and safe 2017, with all your dreams coming true.

May your shots be tens and your aim be true.

Face the challenges head on....

remember that "target shooting"

is the code word for enjoyment

last bitz







Dear Liver,

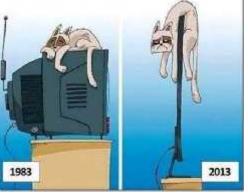
This month will

be rough,

stay strong.

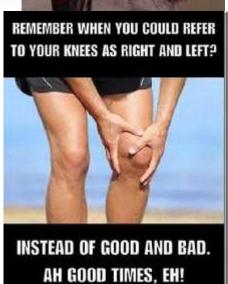
Avocato















When assembling your dog kit, be sure to follow the instructions to avoid disasters like this





"Kids today don't know how easy they have it. When I was young, I had to walk 9 feet through shag carpet to change the TV channel."



Growing old is hard work...
The mind says "yes" but, the body says "what the hell are you thinking"

