TARGET RIFLE AUSTRALIA LTD WWW.TRA.ORG.AU EDITIED BY TRICIA VAN NUS

TRA MAGAZINE—MARCH 2017

ISSUE 44

MARCH 2017

SPECIAL POINTS OF INTEREST:

All of it!

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The nationals are coming—Adelaide from the 12th—17th April 2017.

All details are available on the TRA website.

HAVE YOU ENTERD YET?

It is with great sadness that we farewell a number of true gentlemen within smallbore

Don McIntyre

80 years - 21-07-1936 to 05-01-2017

A few days ago we were informed of the passing of a former State Captain, Coach and Champion of TRV, Don McIntyre. Don started his career with Ararat in the late 50's in both smallbore and fullbore, he then moved from Ararat to Hamilton in the early sixties and then onto Melbourne and settling in to Leongatha sometime after that. Throughout his 'shooting career', Don represented Victoria in both disciplines of Fullbore and Smallbore on many occasions.



In the 80's and 90's, Don along with some others was very active in coaching the upcoming shooters, especially in the prone position and reading wind. There would be many members still around who may have benefited from learning some of his skills as State Coach that he passed on at training camps. Don is also a former State Champion and was a Life Member of Leongatha Small Bore Rifle Club and will be forever remembered and respected in the shooting community.

Dudley Jarman (NZ)

It is also with sadness we advise that Dudley Jarman (NZ) passed away on January 17th Dudley, from Rangiora, has been involved in target shooting for many years and has been a great advocate for the sport. He was well known to give every minute of his time to pass his knowledge on to others who were interested, particularly younger shooters and ANYONE interested in Benchrest.

The thoughts and best wishes of TSNZ and the shooting community are with Dudley's family and friends at this time of loss. He will be greatly missed by many.

Wally Pemberthy

Anyone at a Nationals in Victoria, would have seen Wally at work. As a backbone of the sport, he was an unsung hero, preferring to work effectively behind the scenes.

Wal was a pioneer especially through with his work at Winchester Australia.

The Facebook comments said it all, and I quote....

That's sad to hear. Wal was a lovely personone of the special people, that's for sure.

Oh no not Wally, lovely man ...the world has lost a true gentleman ... Very sad to hear, a top guy.

So, on behalf of all the shooters in Australian, and New Zealand, we offer our condolences and deepest sympathies and total support all those are feeling the pain of the loss of their loved one.

We are saddened with you and send our love.



And on behalf of the Mildura Smallbore Rifle Club We farewell Mr R. J McPhail (known as Dick)



Dick began his shooting career at the Frankston Small Bore Rifle Club in Melbourne at the age of 18. Dick recalls shooting small bore before he went into National Service in August 1953. When the McPhail family moved to Mildura in 1965 Dick joined the Mildura Small Bore Rifle Club Inc.

Dick continued to participate actively in shooting up until recently. Dick was a member of the Target Rifle Victoria for 64 years and probably was one of the longest active members of the Association. He was a member of the Victorian State Team for a number of years where he competed against the best shooters in Australia in Interstate Postal Teams Events and other competitions. Mildura's newspaper the "Sunraysia Daily" mentioned a couple of years ago in their "50 years ago" column that 5 members of the Mildura SBRC shot a possible (100 out of 100) on the night and this included Dick McPhail, Bill Russell, Ivan Bell and two others. He was of course, as befits a person of his standing and longevity, a Life Member of our Club.

In 2012 the Mildura Small Bore Rifle Club Inc. honoured Dick with his name on the North West Victorian Bench Rest Championship Sash which is presented to the best overall Bench Rest Shooter.

Mildura Small Bore Rifle Club Inc. wishes to express our sincerest condolences to Shirley, Julie, Kevin, John (deceased) and the rest of the family.

REMEMBER TO DOWNLOAD THE LATEST VERSION FROM THE ISSF WEBSITE



International Shooting Sport Federation Internationaler Schiess-Sportverband e.V. Fédération Internationale de Tir Sportif Federación Internacional de Tiro Deportivo ISSF • Bavariaring 21 • D-80336 München • Germany Phone: +48-98-5443554 • e-mail: munich@issf-sports.org Fax: +49-98-54435544 • internet: http://www.issf-sports.org

http://www.issf-sports.org/news.ashx?newsid=2257

ISSF RULES - 3rd Print published online - Quota rules and anti-doping

13.11.2014 by Marco Dalla Dea

The International Shooting Sport Federation has released the 3rd print of the ISSF Rules, now available for download. WADA updated the World Anti-Doping Code.



High Performance Policy Review

I want to start this report talking High Performance as it is often the subject most people want to talk to me about. Over the last 12 months, we have undertaken a review of all of our policies and selection criteria, revisited the program philosophies and drivers. We have also had turnover of two key staff, Adam Sachs joining us as the General Manager, High Performance, and Adam Vella being appointed the Shotgun National Coach.

I am excited by the changes and shifts we have made. The four-year approach to our high performance program and selection criteria was well articulated by Adam in the philosophy paper he released on our website late last year. The feedback to this paper, its direction, strategies, and the transparency of this approach has been overwhelmingly positive.

I encourage you all to read the paper, to understand the shifts we have made. It can be found by clicking on the Shooting Australia website

Australia Cups

We have heard for the last year or so that there are too many events, it is hurting our volunteers, the quality of events is diminishing, and our participant numbers are dropping. So as promised Shooting Australia no longer delivers Australia Cups. Instead and based on feedback, we are supporting Club, State, and Member Body, events to be the best they can be. As a result, we are promoting and working with Clubs to make their events special. There are some great examples of this initiative already working with smaller and regional clubs as part of the Performance Series. We are determined to continue to work with Clubs to help make their events meaningful and successful. I ask you to ensure you are supporting the Clubs and venues hosting events that are part of the Performance Series.

Whole of Sport Governance Review

I have previously talked about this review and the importance of this work in starting conversations for our sport that should have happened a decade ago. I attach again for your information a summary of the document created from the Governance Review Workshop held in November 2016

Most importantly there was agreement that we can do better as a sport if we work together. The major area of focus was participation. As a result a Participation Working Group has been formed to create a *Whole of Sport Participation Plan*. Simply, this plan will set a vision with the strategies and actions for the sport of shooting to retain and recruit more members. Ultimately creating a healthy and sustainable future for our sport.

It is important to note that a key plank of this participation plan—and also from the workshop—was the need for us to find ways to better support and help our clubs and the grassroots member. This will be a focus for our sport moving forward.

2017

I thought I would finish this update by listing some of the areas or initiatives that we will be looking to focus on during the next 12 months;

Participation Plan - Whole of sport working together to create a healthier sport **Volunteers** - We have begun a big project around volunteer retention **Event Delivery** - we have the Commonwealth Games and ISSF junior World Cup in early 2018

Pathways - As part of the participation plan we will look to better create a seamless pathway including the delivery of a document clearly articulating this pathway

Institute of Sport Partnerships - For the first time ever we become full program sports with the Victorian Institute of Sport and South Australian Sports Institute. We will be looking to improve our daily performance environment through these partnerships and the creation of National Centres of Excellence.

I would like to wish all of the athletes best of luck for the coming months and in particular, those who will be participating in selection events for the Commonwealth Games.

Finally, I just wanted to highlight that after the first endorsed event of 2017, we have 21 shotgun athletes who have achieved the required score for World Cup selection and consideration for the shotgun World Championships later this year.

This is a brilliant start to the year and shows that we do have an extremely healthy base of quality athletes in our system. Perhaps most pleasing from these results is that 18 of the 21 athletes are in their mid 20's or younger. This is an extremely positive outlook for our sport and paints a very healthy picture for Tokyo and beyond.

Look out for each other and enjoy your sport. Damien

THINK ABOUT IT

Just read that 4,153,237 people got married last year, not to be picky, but shouldn't that be an even number?

Today a man knocked on my door and asked for a small donation towards the local swimming pool. I gave him a glass of water.

A recent study has found that women who carry a little extra weight, live longer than the men who mention it.

Did you know that dolphins are so smart that within a few weeks of captivity, they can train people to stand on the very edge of the pool and throw them fish?

I find it ironic that the colours red, white, and blue stand for freedom until they are flashing behind you.

reCruItMent oF volunteers

Don't jump straight into recruiting, ensure you are prepared first; don't recruit volunteers if you don't know what you're going to do with them

TOP TIP

The main reason that people don't volunteer is quite simply because they have often not been asked too.

Your club or association will not be able to function without the services of the many volunteers whose time, energy and commitment enables our clubs to run. Without these people (ooaches, officials, scorers, event organisors, secretaries, treasurers etc.) sport would not exist in this country.

It is always easier to ask people to help and get involved if you have a specific task or job that you require doing. A couple of sample "job descriptions" are included in this section, they are not exhaustive, but, examples that may help you think about volunteer recruitment.

The actual volunteer recruitment process can be broken down into the steps below;

It is always easier to ask people to help and get involved if you have a specific task or job that you require doing. A couple of sample "job descriptions" are included in this section, they are not exhaustive, but, examples that may help you think about volunteer recruitment.

The actual volunteer recruitment process can be broken down into the steps below;

- Identify the roles that are needed in your club
- Create a job description for each role.
- Make sure that you know what you want and communicate this clearly along with the time commitment.
- Produce flyers advertising the role.

TOP TIP

One club provides some of its members with a reduced membership rate in recognition of the fact that they are the people who meet and greet new volunteers and members to the club.

InDuCtIon CHeCKlist AnD retAinInG

Create a "know your club" template that gives you an idea of some of the roles you may want to recruit volunteers to.

Although most of your volunteers will be from within the club, it would be a good idea for them to understand the following, which should be gone through in detail with external volunteers (don't assume they know).

the Club

- » Introduction to key members and Tour of club and facilities
- » Age range of the club
- » Ethos of club
 - a. Social
 - b. Competition
 - c. Performance
- » Officials of the club
- » Times club is open
- » Introduce a buddy
- » Where is equipment is stored
- » Where are paperwork and files are stored
- » Date of meetings and Financial procedures if relevant to role
- » External contacts if relevant to role
- » Competitions

Governance

- » Health and safety
- » Range rules
- » Evacuation procedure
- » Claiming expenses

- » Insurance
- » Disability policy
- » Confidentiality
- » Club Rules
- » Child protection and vulnerable adults policy

term of office

- » Be clear about this as some people think once you have got them they won't escape.
- » This gives you a way to change the team if you need to in the future.

VOLUNTEERING IS FUN AND FULFILLING—TRY IT TODAY

TECHNICAL OFFICIAL'S PATHWAYS 2017

With the endorsement of the new Shooting Australia TO (technical officials) course late last year, the pathway is complete, easy to follow, and ready to implement.



FIRST STEP is enrolling in, and completing the STATE LEVEL TRA Official's Course.

Of course, your club will be very happy to have your technical contribution at Club and State events.

SECOND STEP is the completion of the TRA National Technical Course, and your work as a Technical Official at national and perhaps international events held in Australia.

THIRD STEP is completion (often RPL) of the Shooting Australia Technical Official's Course. You would then be expected to officiate at International events in Australia, and Shooting Australia events.

Officials who hold a full* TRA licence do not need to complete another course, only show that you officiating at the

events relevant to this level ie international events in Australia, and Shooting Australia events.



FINALLY you are ready to apply to complete in an ISSF "B" level course. There is no specific course to complete an "A" accreditation.

That is the new system overview. In the coming weeks, your State Technical Chairman should have all the details.

BECOME AN OFFICIAL IN 2017

^{*}full licence means all categories are ticked on your licence.



BENCHREST RAMBLINGS

There are many stories we all have to describe our experiences and oversights (that is being kind) when shooting. Let's take a typical competition or even practice day.

Smiling we pack our gear, ammo and we think we know where to go. We assume we knew where to turn off and the GPS got it wrong. The road directory is in the wife's car. A good start to what was to be an enjoyable time. Then the embarrassing mobile call to find the correct route and finally arriving with 10 minutes to go, so miss the first detail and the best conditions, and the late arrivals have filled detail two, so the windy detail three will be the source of the next series of woes.

You have made peace with yourself, the wife or anyone else travelling with you.

The wind has risen, it's overcast and lane one next to a wall or the corner of the Hamilton shed has been drawn.

Well the bench at least did not wobble at Lake Gillear but the wind was gusting at 30kph and the flags on sticks at 10 and 30 metres are cracking like whips, or was it an RBA match and the propellers fell off or was it tethered to the adjacent streamer?

Thank the Lord, the stand and the back bags were in the car boot, set on the line, the rifle was grabbed, set up, hell where is the bolt, oh no it's in the other gun case.

To the rescue came a generous soul from detail 1 who lends his rifle. This would never happen to any dedicated and well organised lady shooter, may be not just now, but as we are all vulnerable human beings, will the test of time prove differently?



The RO goes through the safety brief, timings, warning and just about to commence fire, where is that damn breech flag?

The target number has been identified, yes it is 50 not 25 metres.

Start, yells the RO, push the button on the clock, thank the Lord, remembered to put the battery back after the last flight from Coffs Harbour. The shots start raining onto the sighter target, a sigh of relief.

Did you remember to allow for the wind and a cold barrel, up goes your hand on the first sighter, it hit the first scoring square, RO, RO goes the signal. Dutifully the RO notes your oversight, you know what he is thinking "shot on the downwind side," at least it will blow away from the scoring square.

A few more sightings and off to the first business shot, a 9, that makes a fight back for a good score now really necessary.

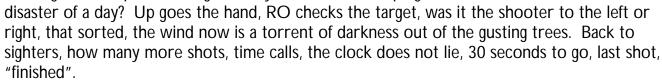
Starting at number one target the shooting proceeds on, winning and losing the battle with the wind.

Now here was when the battle could change, TRA rules no return to sighters, WRABF rules yes, 20 minute duration and back to sighters.

Great shot, please check the sighter target before blazing away, hell no, thirteen shots on a business square, lowest score and minus one for each shot, what an oversight.

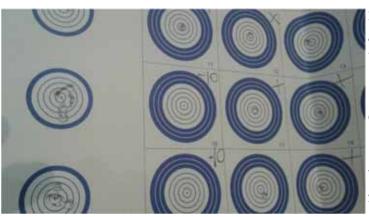
No, not going to drop your bundle and say to hell with the wind and get this embarrassment behind you, make every shot count.

Row 3 of the target looks good but what are those shots on Row 5? Starting at the top of the target, always do. Who is helping on such a



Should have counted each shot, no it is okay, no need to prove you are able to count to 5 or if competent to 25, have you kept track of all your shots. Should have watched the clock and not got lost in battling the wind, should have fully checked the target. Experience has shown a visit to the toilet prior to shooting is worth 10 points (why leave out one scoring shot, was it a desire for relief)?

Depending on the competition, you either walk forward and find you have overloaded the target, left out a scoring square or when the score goes up wonder how you are down multiples of 10 from your estimated score. Worst of all, if the guy who loaned you a rifle comes up and says you left off a scoring shot, the first thought is, he is having me on, yes it was a 246 in those lousy conditions but it was a 226, there were two squares left off, he did not see the one directly below his first discovery!



So, what has been learnt, aircraft pilots have a check list before take-off, what a brilliant thought.

Next shoot will you have a plastic encapsulated check list, hell please remember to bring it to the next shoot.

This really sounds like chapter one from the shooter's lament.



DATE	CLASS	EVENT
10 - 13 MARCH	ISSF & IPC Pistol	VAPA ISSF State Champs Yackandandah, VIC
9 - 16 APRIL	ISSF & IPC Pistol	PA ISSF National Champs Cessnock, NSW
12 - 17 APRIL	ISSF & IPC Rifle	TRA National Champs Wingfield, SA
21 - 25 JUNE	Full-Bore Rifle	NRAA National Champs Belmont, QLD
7 - 9 JULY	Shotgun	QLD ISSF State Carnival Belmont, QLD
18 - 20 AUGUST	Shotgun	Darwin Cup Darwin, NT
7 - 10 SEPTEMBER	ISSF & IPC Rifle	Adelaide Cup Wingfield, SA
29 SEP - 2 OCT	ISSF & IPC Pistol	PSQ ISSF State Champs Belmont, QLD
29 SEP - 2 OCT	ISSF & IPC Rifle	QTS ISSF State Champs Belmont, QLD
13 - 15 OCTOBER	ISSF & IPC Pistol ISSF & IPC Rifle Shotgun	Sydney Cup 2 SISC, NSW
1 - 3 DECEMBER	ISSF & IPC Pistol ISSF & IPC Rifle Shotgun Full-Bore Rifle	SA Open Belmont, QLD

www.shootingaustralia.org



HAS YOUR STATE MADE PLANS TO CONDUCT ANY COACHING AND/OR TECHNICAL OFFICIALS COURSES IN 2017?

Please let TRA know ASAP.

ARE YOU AWARE OF THE TRA FACEBOOK PAGE. Make a comment, add a video, support your sport.



2016 Interstate Postal 3-Position Teams Results

FINAL RESULTS

TEAM SCORE & POINTS

	Jun		Jul		Aug		Sep		Oct		Total
	Score	Points									
QLD A	1684	10	1674	9	1636	8	1662	10	1628	9	46
Vic A	1608	8	1643	8	1619	7	1620	9	1651	10	42
SA 1	1138	7	1684	10	1704	10	1124	8	0		35
SA 2	1658	9	1624	7	1665	9	1102	7	0		32
QLD B	974	6	434	6	0		0	•	0	•	12

INDIVIDUAL SCORES

		Jun	Jul	Aug	Sep	Oct	Total
Chris Lott	VIC A	558	552	552	551	560	2773
Rachael Ross	QLD	549	554	554	558	549	2764
Michael Davis	VIC A	536	550	524	556	549	2715
Lindsay Braybon	VIC A	514	541	543	513	542	2653
Will Godward	SA 1	580	581	583	581		2325
Jack Rossiter	SA 2	557	552	554	549		2212
Nicholas Ioakim	SA 1	558	543	556	543		2200
Shane Bland	SA 2	547	529	554	553		2183
Tamsyn Henry	QLD	0	534	548	556	534	2172
Michael Nicholas	SA 2	554	543	557			1654
Dane Sampson	QLD	583	586				1169
Emma Woodroofe	SA 1		560	565			1125

CONGRATULATIONS TO QUEENSLAND A

MENTAL MANAGEMENT SYSTEMS



Leavers, Leaners and Leaders

Do you ever wonder why certain high school football programs, cheer teams, band programs, basketball and hockey teams are always on top? I think one reason is the skill of the coaching staff in developing the Leaners on the team. Organizations such as school teams, classes in school and virtually any group of people fall into three categories: Leavers, Leaners, and Leaders.

Leavers are going to leave the program. Leaders are going to lead. It will not matter to either of these classifications if the coach is excellent or incompetent. Leaders will lead anyway, and Leavers will leave anyway. The real test of a program is what happens to the Leaners. In an excellent program, the Leaners will lean toward Leaving. It may be the same with your family.

You might be blessed with a leader, he or she might Lead regardless of the skills of the coaches or teachers in their world right now. You might have a child that for this sport or class, chooses to Leave. It is just not their thing at present, resisting all attempts at helping them to Lead. By the way, there are no Losers. Leavers often become Leaders in time, finding new sports or subjects that turn them on to Leading. That's what happened to me. A genuine test of the skill for you or their coaches will be on how the Leaners in your family lean toward Leading. Leaners make up the vast majority of people. Most of us rarely Lead, occasionally Leave, and most of the time, we are Leaners. God doesn't make Losers, only people who think they are

Competition Fear and Self-Image

Being fearful they will not do well in the game, that they will be disappointed, or miss out on the joy of winning is widespread among competitors, young and old. No one wants to lose a game, let down their team, or be the one last to cross the finish line. This fear can be a motivator to work more diligently in preparation for the event. That's a good thing. But this form of anxiety can also be destructive if we are fearful in the competition. To imagine we are going to perform poorly creates an imprint in our self-image that it is "like us" to fail. We tend to become what we imprint. That is a bad thing!

So what are we to do about this potentially destructive form of motivation? I offer this suggestion. Go into competition with the attitude that everything that happens in the event is for your benefit. Tell yourself. "Only two things can happen to you; you win, or

you learn. There is no win or lose." We tend to learn more when we struggle and make mistakes than when everything goes well. I am not against having a flawless performance, but I am suggesting that we find out more from our errors and poor performances than we do from our good ones. There is great value in learning from error. I have never met a winner that has not failed many times and learned from the failures. The key is to learn not to fear. The future will be full of unknown outcomes. Turn the negative ones into opportunities to grow. Making mistakes is not a mental error; not learning from them is. Competition is practice for the game of life. Some of the most important things about competing are to learn more about yourself, how the respond to pressure, and become better today than you were yesterday.

It is possible to be fearless in any event if you accept these principles.

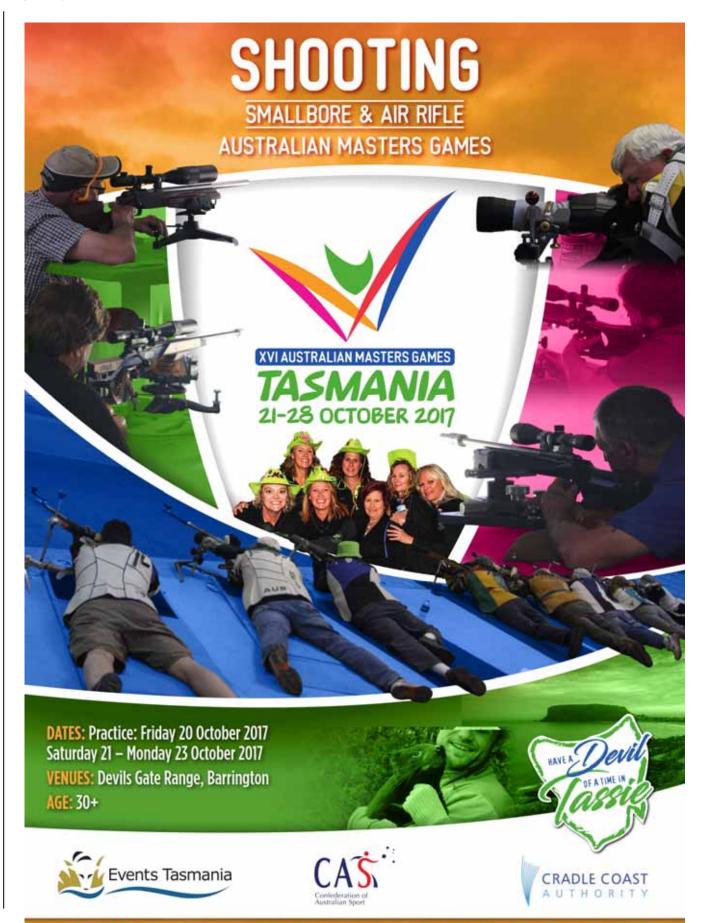
- 1. Only two things can happen to you in a competition; you win, or you learn. Both of these outcomes are positive. If you view failure as an opportunity to learn, failure is not a bad thing. If you believe everything that happens in a competition needs to happen to you, there is no downside.
- 2. If there is no adverse outcome, there is nothing to fear.

By Lanny Bassham

Author of With Winning in Mind and Freedom Flight - The Origins of Mental Power.

DO SOMETHING
TODAY THAT
YOUR FUTURE
SELF WILL
THANK YOU FOR.





ENTER NOW | AUSTRALIANMASTERSGAMES.COM

16th Australian Masters Games . . . Tasmania, 21-28 October 2017

The Tasmanian Smallbore & Air Rifle Association invites all members of Smallbore Rifle Clubs throughout Australia to join with our participation in the 16th Australian Masters Games.

Our events will be held at the Devil's Gate range, at Sheffield, on 21st / 22nd / 23rd October, 2017.

The Smallbore events (3 age groups) to be conducted in the Masters Games will be prone and benchrest and are as follows:

Saturday 21st October - 60 shots 20 metres Sunday 22nd October - 60 shots 90 metres Monday 23rd October - 60 shots 50 etres.

Please stay in Tassie for a while . . .

The following weekend (28 / 29th October) we will be conducting our annual **TSARA State Championships** (prone and benchrest) and we suggest that competitors in the Masters Games could stay on in Tassie to join with us for these championships (prone will be graded and open).

Note that entry numbers for the c'ships will be limited - get your entry in early!!

For further information please contact the Tasmanian Smallbore & Air Rifle Assoc. **Secretary**,

Robert Scott PO Box 3, Hagley, Tasmania 7292

Ph: 0407 902 266. Email: bvridge@bigpond.com

MORE WONDERFUL BENCH NEWS....

WHERE AFTER THE EUROPEAN AND WORLD CUP IN SLOVENIA, 2017?

The Australian Team will be shooting in Maribor, Slovenia in August, they are preparing to take the fight to all other nations competing. The Team consists of 4 Teams in both Air and Rimfire. There is an overlap of 4 shooters in each competition resulting from the selection process. There are 3 Teams of 3 shooters, a Junior Team and remainder of the shooters only selected in Air or Rimfire but being permitted as individual entries in both Air and Rimfire.

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I he	Tean	าด	ar	Έ'-
1110	I Can	1.3	uı	U.

Air		Rimfire
LV & HV	Sporter	LV & HV

Team A
Rebecca Richards
Stuart Elliot
Rill Mulder
Rebecca Richards
Mat Brough
Rill Simmons
Rill Simmons
Rebecca Richards
Mat Brough
Rill Simmons
Rill Simmons

Team BTeam BTeam BLes FraserRichard LightfootStuart ElliotAnnie ElliotJoy HarrisonRichard LightfootGreg SchneiderJohn PatzwaldJoy Harrison

Team CTeam CTeam CBill SimmonsGlen SeamanAnnie ElliotJoy HarrisonGreg SchneiderJohn PatzwaldJohn PatzwaldScott KiddleGlen Seaman

JuniorsJuniorsJuniorsPatrick SullivanPatrick SullivanPatrick SullivanMel FrostMel FrostMel Frost

IndividualsIndividualsRichard LightfootBob MulderLes FraserGlen SeamanBob MulderGreg SchneiderScott KiddleLes FraserScott KiddleRoy MullerRoy MullerRoy Muller

Letters of Invitation have arrived, administrative details returned to the organisers, airfares and accommodation is being booked. The competition being from the 2-10 August, 2017.

Team shooting brings out the best in those participating. This is reflected in the loaning of gear, setting up wind flags and coaching on practice days.

Where to from now, fundraising and the competition in lead up to leaving.

The results will be posted on Bench Rest Bulletin and State Smallbore websites. Victoria, New South Wales and Queensland are represented in the largest benchrest shooting team to be sent overseas.

Once this European event is over, shooters on their return will look to qualify for the 4th World Championships. Australia needs to provide the opportunity for shooters to attend the 4th world Championships to be held in South Africa in 2019.

Victoria will host the first qualifier, it will be shot at Melbourne International Shooting Club from the 23-26 November, 2017. A flyer for this event is in preparation and will be widely published.

Our aim is to attract 80 shooters to participate in these Air and Rimfire qualifiers.

You may ask "what can I do to assist in promoting, participating and running such a great event?"

The benefit to all shooters is both the learning experience and the camaraderie that such events develop. The principal assistance needed is in administration, target preparation, collection and scoring. Range Officers are needed together with equipment checkers and catering for the Welcome to Shooters to be held on Thursday, 23 November, 2017.

Success of the event relies on all who are willing to participate, giving generously and building great teamsmanship. Join the team and make the first qualifier the top bench rest shooting event for 2017.

And "coachie Tricia" says With five months to go..... Get in good physical shape—for both the travelling and the competition. Jetlag is a bitch! Be prepared—know what you need to do, to get the best performance from yourself. Train on a good range—it gives you confidence that your skills are sound. Train on a challenging range—gives you a chance to use those confident skills Be prepared to learn from others Check and confirm your equipment—it gives you confidence Find out about the range and the potential weather in August

Prepare a Plan B—for those unexpected little challenges. Enjoy the experience—whether this is your first time, or your fiftieth

TRA BOARD MEETING—JANUARY 2017

1. Attendance: Mr Rod Sampson (RS), Mr Nick Sullivan (NS), Mr Anton Wurfel (AW),

Mr Glenn Braybon (GB), Mr Richard Toye Executive Officer (EO)

2. Apologies: NIL

3. Matters Arising from Action List from 25th September 2016

- 3.1 <u>2017 Nationals Technical Delegate</u> GB reported that Dean Romanoff accepted the role of Technical Director for 2017 Nationals.
- 3.1 <u>2020 National Championships</u> EO sent letter of invitation to NSWSARAI to host 2020 Nationals no reply received as yet.
- 3.2 <u>National Championships Manual</u> NS advised that minor errors had been corrected and the current version of the manual (Version 6.4) can be distributed following the conclusion of the 2017 National Championships.

4. Competition Committee 2017 National Championships – progress report

NS provided a verbal report: TRSA is having some minor issues with Meyton Electronic Target Systems and have organised for representatives from Meyton be brought in to rectify the issues prior to the National Championships.

NS continues to liaise with TRSA Inc. concerning organisation for 2017 National Championships. Four entries had been received as at time of the Board Meeting.

Ammunition Sponsorship for National Championships:

EO was directed to approach NIOA regarding ammunition sponsorship for the 2017 National Championships, as donated in previous years by Eley UK via Target Ammunition Pty Ltd.

Postal Competitions - Slazenger Match Conditions

Directors resolved to approve the changes to the Slazenger Match conditions as proposed by Target Shooting New Zealand for 2017 and beyond. Two changes were approved:

- a. a move to decimal scoring and
- b. relaxation of ISSF compliance on shooting clothing for selected representatives

(Note – subsequent to the Board Meeting the Executive Officers of TRA Ltd. and TSNZ have agreed to undertake a full review of the Slazenger Match conditions after the 2017 National Championships with the objective of providing updated documentation concerning the event.)

TRA Ltd Domestic Postal Matches - Use of Integer Scoring

Directors reaffirmed that all TRA Ltd domestic postal matches must use integer scoring so as to allow members from all State Associations to compete equally. All member bodies will be formally notified of this requirement.

Directors also requested that the Competitions Committee to consider re-introducing individual National postal competitions and provide recommendations to the Board for the next Meeting.

Funding for Athletes Selected in 2017 Oceania Teams

The Oceania Championships are scheduled to be held from 30th October – 10th November in conjunction with Commonwealth Shooting Federation Championships at Belmont in Brisbane. This forms the main test event for the 2018 Commonwealth Games.

Directors resolved to support athletes selected in 2017 Oceania Teams in a similar manner as in previous years. Funding arrangements will be finalised once specific details of the team(s) has been received.

5. Technical Committee Australian Supplementary Rules Update – Progress Report

GB reported that TRA Ltd. Prone Metallic Silhouette rules have been updated with appropriate wording and are ready for inclusion in Australian Supplementary Rules. Member Bodies will be informed once the rules are ratified by the Board.

GB proposed that the Technical Committee conduct a meeting during the 2017 National Championships.

6. Coaching Committee National Training Squad - Progress Report

NS tabled a report on National Training Squad camp held in November of 2016 (see supporting document).

NS indicated that he was waiting on further summary reports from Shooting Australia coaches and will prepare and circulate an updated report prior to the next Board meeting. (AP-NS)

The next meeting of the NTS will take place after the 2017 National Championships.

7. Bench Rest Committee Report from 2016 RBA National Championships

EO circulated and tabled report received from Richard Lightfoot concerning the 2016 RBA National Championships held in Victoria in November. (Refer to Supporting documents)

Directors expressed concern at the continuing situation around the management of RBA and resolved to contact representatives who have been organising RBA events unofficially in an effort to improve the organisational and management issues associated with RBA competition in Australia.

The TRA Ltd. Bench Rest Committee will convene the next meeting prior to or during the National Championships.

8. Shooting Australia

Shooting Australia AGM and Members Forum

EO circulated summary report received from Shooting Australia on Whole of Sport Governance review. (Refer to supporting documents)

Directors expressed serious concerns at the summary report and activities of Shooting Australia subsequent to the report, particularly concerning transparency in communication with Member Bodies and State Associations.

ISSF Ad Hoc Committee Recommendations Tokyo 2020 Olympics and beyond Directors discussed the ISSF Ad Hoc Committee Recommendations Tokyo 2020 Olympics and resolved that a position statement is necessary clearly stating that TRA Ltd. is extremely disappointed with the decision made by the ISSF AD Hoc Committee to recommend the replacement of the 50m Prone Men's event with a 10m Mixed Gender Teams Air Rifle Event.

The directors consider that 50m prone events are still considered as the premier events in Australia and TRA Ltd will continue to provide support and assistance to members selected in international teams to contest the event where appropriate.

EO will draft a formal statement for circulation to Member Bodies and Members.

Shooting Australia Awards of Excellence

Directors discussed potential nominees for the various Shooting Australia Awards of Excellence categories.

Documents received from Shooting Australia were forwarded to TRA Ltd Member Bodies on 12/01/2017 with a request for any nominations to be forwarded to the TRA Ltd Board preferably no later than Friday 20th January 2017. No nominations were received from TRA Ltd Member bodies, clubs or members at the time of the meeting.

9. TRA Ltd. Website

TRA Website is in progress but has been delayed while online entry forms have been developed and further development concerning security layers on website and Database are undertaken.

The Online Entry form for the Nationals was expected to go live on Wednesday 25/01/2017 Cornerstone Web Systems have indicated that the updated website will be online before the 2017 National Championships

10. TRA Ltd. Workshop / Members Forum

Directors discussed the option of holding another workshop / forum in 2017.

Directors proposed that either July 15-16 or July 22-23 would be an appropriate time for a workshop. Venue and accommodation are yet to be finalised. EO will contact Member Bodies with call for agenda items for the workshop.

11. 2018 AGM Meeting and Member's Forum Date and Venue

EO advised that the AGM must be held by 31st May to satisfy ASIC requirements. Directors proposed dates of either 21/22 April or 28/29 April Proposes Venue – QTS Brisbane (if available) or alternative venue to be finalised.

- 12. Next Meeting: 6th 7th May SISC Sydney
- 13. Closure: Meeting Closed 12:00pm Sunday 22/01/2017



Target Rifle South Australia Inc.

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Last bitz

Hi babe, what are you doing?

Nothing much, 'em really tired. Just going to sleep now babe. And you?

In the club standing behind you

Samsung Is Having A Blowout Sale For Note 7



ALL I WANT TO DO IS GO OUTSIDE

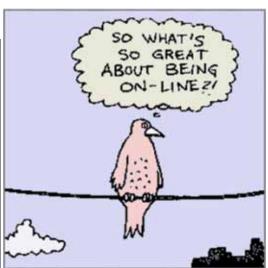
AND THEN INSIDE AND THEN

OUTSIDE AND THEN INSIDE AGAIN

DON'T YOU ROLL YOUR EYES AT ME, YOUNG MAN!





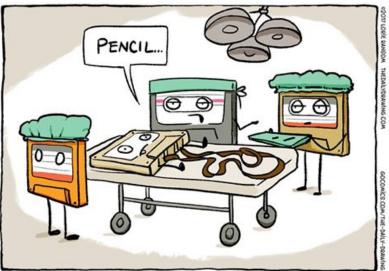


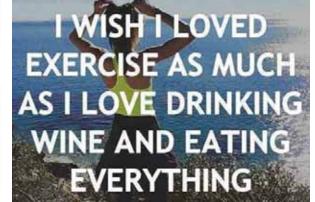




Nothing worse than waking up on a Sunday morning, and having to clean up the carnage left behind after another wild Saturday night.















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