TARGET RIFLE AUSTRALIA LTD WWW.TRA.ORG.AU EDITIED BY TRICIA VAN NUS

TRA MAGAZINE—SEPTEMBER 2017

ISSUE 47

SEPTEMBER 2017

SPECIAL POINTS OF INTEREST:

• All of it!

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THE WORD IS OUT! IT'S OFFICIAL

CONGRATULATIONS to the athlete below who have been selected to compete in the Australian team for the Commonwealth Games test event and Oceania Championships later this year. In Brisbane.

Men's Prone A **Team**:

Dane Sampson, James Daly and Jason Lowe

Men's Prone B **Team**:

Mitchell Bailey, Andrew Sevilj and Daniel Croatto

Men's Prone C **Team:**

Jack Rossiter, Alex Hoberg and Michael Davis

Women's Prone A **Team**:

Susie Smith, Jacqui Hatzigiannis and Robyn Ridley

Women's Prone B **Team:**

Chloe Romanoff, Lynda Wegener and Rachel Strik

Men's 10m Air A Team:

Dane Sampson, Alex Hoberg and Jack Rossiter

Men's 10m Air B Team:

Daniel Clopatofsky, William Godward and Michael Davis

Men's 10m Air C Team:

Tanroop Ghuman, Nicholas loakim and Michael Nicholas

Women's 10m Air A Team:

Emma Adams, Victoria Rossiter and Emma Woodroofe

Women's 10m Air B Team:

Kata Kowplos, Maria Rebling and Alyce Devlin

Women's 10m Air C Team:

Holly Robinson, Courtney Martinelli and Jacqui Hatzigiannis

Men's 3 Position A **Team:**

Dane Sampson, William Godward and Daniel Clopatofsky

Men's 3 Position B Team:

Jack Rossiter, Michael Nicholas and Andrew Sevilj

Men's 3 Position C Team: Michael Davis

Women's 3 Position A **Team:**

Robyn Ridley, Emma Woodroofe and Emma Adams

Women's 3 Position B Team:

Maria Rebling, Courtney Martinelli and Susie Smith

May success and good shooting come your way.

HOW TARGET RIFLE AUSTRALIA WORKS FOR YOU

The question is often thrown around (generally by the "BBQ mafia") - "what does TRA do for us—nothing! We're the ones running the club/State"

Perhaps some of the answer lies below, and the ultimate question is more likely to be:

"What do you want from TRA"

Direct benefits from the TRA include:

- Comprehensive insurance for all.
- Quality National magazine available to all members online.
- Provision of elite level competition at National level.
- Governance and provision for a wide range of shooting disciplines. Development and updating of the Standard Shooting Rules, which determine the conduct of all matches, free for members.
- Access to quality ammunition
- Nationally endorsed training manuals.
- Support to State Associations in State/Commonwealth Government liaison etc.

Indirect benefits associated with TRA membership:

- The benefits associated with strengthening the membership base of the TRA, and by default, the States means that all bodies gain some political clout, thus reducing the view by outside bodies, such as the anti-gun lobby, as well as some Commonwealth Departments as being divided and lacking influence.
- Current issues such as National and State Reviews of Firearms Laws and Regulations, and the change in attitude towards firearms are examples of why the TRA is positioned to act on Associations' and shooters' behalf.
- Representation and liaison on Shooting Australia committees.

Membership of TRA is not much over \$50 per annum, which costs a little over \$1 a week. This a very small price to pay to strengthen our sport, and protect our interests and enjoy the benefits of membership.

NOW TO THE BIG QUESTION—WHAT DO YOU WANT FROM TRA Of course, a number of comments will include some of the following:

SUPPORT FOR CLUBS—this is a challenging option, as it is more of a State Association role to work with clubs. TRA however, can provide a number of resources and support to the State Associations who can in turn assist the clubs.

Any club or State that has a project in mind, must formulate a development plan around the project (with costings), and make the case to TRA. Coaching camps, Coach Education courses and Technical officer courses are often funded in this way.

MORE COACHING/COACHES—one of the most UNDERUSED opportunities that TRA supports, is the access to coach training.

Again it should be noted that there is a full complement of coach education courses available, that are fully accredited through Shooting Australia, and an Instructor course that is perfect for club members.

To access this course, speak to your State Coach, or contact Tricia on coaching@tra.org.au for further information.

MORE TRAINING FOR TECHNICAL OFFICIALS—another UNDERUSED opportunity. TRA has two levels of Technical Official training, and competent Presenters to conduct the courses.

COACH & TECHNICAL EDUCATION—The States need to take responsibility to initiate the course,/s and a personal approach is a more successful method of gaining attendees. Look at who would be good in the role, and ask them to attend a course, not just wait and hope for people to nominate themselves.

Finally—I asked a couple of people the question "What do you want from TRA" at a selection event recently, and below are some of the reactions

LIAISON/COMMUNICATION—more clearly between TRA and State.

YOUTH RE-THINKING—how TRA can develop an approach that satisfies the needs of the younger shooters via enhanced communication

E-MAG—that's always interesting, and we don't need paper ones

FUNDING—for training shooters, coaches and range officers

VISIBILITY—the Board members should make themselves more known at shoots. I don't know who they are anyway—it should be on the website

NATIONALS—diversify the Nationals a bit, and re-find the balance between high performance needs and the other 98% of attendees. Keep 20m & 90m where possible / have squads as an option

3P—more effort into 3P development. There are good coaches around who know what they are doing and can encourage new participation, and get people into standing and kneeling

DEV SQUAD—is it still active?

E-MAG—more from the Board in the e-mag. What are the committees doing etc

PRONE—ensure that prone remains

BENCHREST—more inclusion of Bench, perhaps more competitions



WRABF HV, LV, Sporter (50m) & LV & HV Air Rifle (25m) TRA National Benchrest Championships at MISC

Melbourne

November 23 **–** 26, 2017



TRA - RBA NATIONALS

Benchrest Bonanza

Schedule: The range will be open from Thursday, 23rd November, 2017

Official practice:

25 & 50m Thursday, 23rd November – Approximately 10.00am to 4.00pm

Competition Events:

25 metres LV & HV Air Friday, 24th November – 8.00am to 4.00pm – Day 1

50 metres Sporter & LV Saturday, 25th November – 8.00am to completion – Day 2

50 metres HV Sunday, 26th November - 8.00am to completion - Day 3

Armoury Available from Wednesday, 22nd November, 2017 approximately

3.00 p.m.

Scrutineering: Weigh in and scrutineering – Thursday, 23rd November, and

Friday, 24th November, 10.00 a.m. - 4.00 p.m.

Catering: The MISC will be open 8.00 a.m. to 4.00 p.m. on competition

days and 10.00 a.m. to 3.00 p.m. on Practice Day

Welcome BBQ: A free welcome BBQ will be held after 6.00 p.m., Thursday, 23rd

November, 2017.

Course of Fire: 25 record shots (one shot per bull, best edge scoring) with

unlimited sighters at 25/50 metres in 20 minutes at one target.

The competition will be a 3 target match for HV, LV & Sporter,

Air, LV & HV.

WRABF rules: Unlimited scope power, LV/HV Air, HV/LV, 6.5 X Sporter rifle

specification as per WRARF Rule Book 2013-2021, available on

the WRABF website.

Nominations: Close on the 16th November, 2017.

Please advise any sharing of firearms, gear or flags.

Entry Fee is \$50.00 per day. Juniors (under 18) - \$25.00 per day. Practice Day is \$25.00 adults and \$10.00 juniors. Practice targets \$1.00 each.

Juniors must produce their minors permit when signing in. Please e-mail richard.m.lightfoot@gmail.com or annettemrowe@gmail.com with your nominations.

Fee paid on registration at the range. Shooters must demonstrate membership to TRA.

Awards: HV, 1st, 2nd & 3rd place medals

LV, Sporter, 1st, 2nd & 3rd medals

LV/HV Air, 1st, 2nd & 3rd medals

2 Gun Air, 2 Gun and 3 Gun Rimfire trophies

The Melbourne International Shooting Centre is located at 120 Todd Road, Port Melbourne. Melways Street Directory, Page 42 or for more details visit the MISC web page www.melbourneinternational.org.au

For more information contact by email or mobile: Richard Lightfoot - 0438 68 38 48 or Annette Rowe - 0407 83 43 80

THOUGHT OF THE MONTH





ANSCHÜTZ LaserPower

A new event of this year's German Championships was the first competition in light shooting. At the Championship, ANSCHÜTZ presented a new LaserPower barrelled action, which can be installed in almost any ANSCHÜTZ air rifle stock. (obviously subject to a few, as yet unknown factors) This allows laser shooting with the existing equipment of the shooting club or at home in common ANSCHÜTZ air rifle stocks. These new models were used in the laser competitions and ensured excellent results.







electronic receiver (left) suitable for 10 metres with reduced size target overlay (above). The rifle mechanism is operation by 2 AAA batteries fitted underneath, and 2 fitted in the target.



With rifles looking more like the conventional air rifles, it <u>may</u> be a good option to start new shooters to the sport.



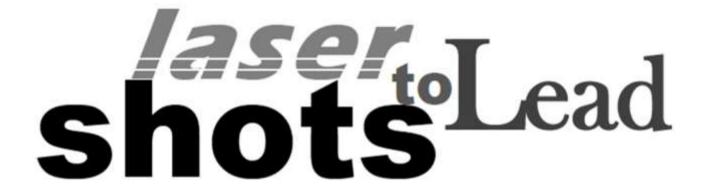
I checked with SA Shop and it is

thought that the MASTER SET (includes everything—rifle shown above) will come in well under \$4000 and the EXPERT SET (again the rifle is shown on the previous page at the bottom) will come in well under \$3000.

Where is the potential for this type of firearm?

- a) Marketing tool
- b) Come and try first timers before using a live-fire firearm
- c) Flexibility to take into schools and other community groups
- d) Flexibility of age groups
- e) Implement a school term curriculum
- f) Used as a modern tool for the youth
- g) Not to replace any forms of current shooting or matches

Always at the forefront is that this is primarily a smart marketing tool, to be used with the full intent of educating people for future membership of traditional shooting as a sport.



The above image was reproduced from the presentation at the Whole of Sport Conference 2017.

Taken as an promotional tool, Air laser needs to be considered as a viable option. Check out the website available for further information.

All Anschutz needs to do, is create some varied coloured stocks!

TECHNICAL OFFICIAL'S PATHWAYS 2017

With the endorsement of the new Shooting Australia TO (technical officials) course late last year, the pathway is complete, easy to follow, and ready to implement.



FIRST STEP is enrolling in, and completing the STATE LEVEL TRA Official's Course.

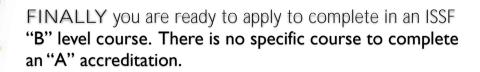
Of course, your club will be very happy to have your technical contribution at Club and State events.

SECOND STEP is the completion of the TRA National Technical Course, and your work as a Technical Official at national and perhaps international events held in Australia.

THIRD STEP is completion (often RPL) of the Shooting Australia Technical Official's Course. You would then be expected to officiate at International events in Australia, and Shooting Australia events.

Officials who hold a full* TRA licence do not need to complete another course, only show that you officiating at the

events relevant to this level ie international events in Australia, and Shooting Australia events.



*full licence means all categories are ticked on your licence.

That is the new system overview. In the coming weeks, your State Technical Chairman should have all the details.

BECOME AN OFFICIAL IN 2017





IMPORTANT DATES TO REMEMBER.

Oct 30—7 Nov	Commonwealth and Oceania Shooting Federation Championships	Belmont Range, Brisbane QLD
Dec 1-3	Shooting Australian Performance Series Final & Awards of Excellence	Belmont Range, Brisbane QLD
Dec 8-10	Shooting Australia Junior Championships	Belmont Range, Brisbane QLD

HAS YOUR STATE MADE PLANS TO CONDUCT ANY COACHING AND/OR TECHNICAL OFFICIALS COURSES IN 2017?

Please let TRA know ASAP.

2017 GRAEME LAWLER PROGRESSIVE SCORES— STATE & INDIVIDUAL

State	1	2	3	4	Total
South Australia	3	3	3	3	12
Victoria	1	3	3	1	8
New South Wales	3	1	1	1	6
Queensland	-	1	1	3	5

With only two rounds remaining, can South Australia be beaten?

Watch the TRA website, or final results will be in the next TRA 3-mag.

Maria Rebling NSW 585 580 578 589 2,332 Michael Davis VIC 586 570 583 587 2,326 Cain East VIC 577 572 574 568 2,291 Kevin McKenzie NSW 568 572 568 567 2,275 Chris Lott VIC 563 561 567 569 2,260 Gavin Qin NSW 545 561 554 565 2,225 Alex Hoberg SA 592 591 593 1,776 Daniel Clapatofsky NSW 592 595 583 1,770 Jack Rossiter SA 587 593 589 1,769 Alyce Devlin QLD 578 580 565 1,723 Tamsyn Henry QLD 558 563 563 1,684 Dane Sampson QLD 586 597 1,175 Tarroop Ghumann SA	Shooter	State	1	2	3	4	5	6	Total
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	Rachel Ross	OLD				558			558
Cliff Walker QLD 517 517	Rachel Strik	VIC		545					545
	Cliff Walker	QLD		517					517

MENTAL MANAGEMENT SYSTEMS



THE THREE LEVELS OF COMPETITION

Training to Learn
Training to Compete
Training to Excel.



Training to Learn

Everyone begins in the Training to Learn participation level. Examples are playing sandlot baseball or softball with schoolmates, playing recreational tennis with friends, checking out the archery club, participating in a pickup game at the basketball court, or organizing a soccer or flag football game.

In this level, the athlete is "interested." There are no organized competitions at this level. The objective in Training to Learn is to gather information, have fun, and perhaps find one that might be worthy of moving to the Training to Compete level.

Training to Compete

Training to Compete is a significant progression from "interested" to "committed." Examples of this level are any sport or activity that competes for awards or recognition such as organized athletics that have a season, league soccer, competitive band, cheer, debate team, competitive choir or a pursuit that rewards a letter in school.

The transition begins with the first competition. Performers may be enthusiastic in the Training to Learn level but as they enter formal competition the demands for a greater need of time and money increases.

As the level of commitment increases the value to the participant increases. People appreciate things in direct proportion to the price they pay for them.

Training to Excel

I can remember when Earl Woods brought his two-year-old son Tiger on the Mike Douglas Show with Bob Hope. Tiger was a cute kid, but that is not why everyone was amazed; Tiger could hit a decent shot at two.

Mike Douglas began to question Earl Woods

"How many hours do you make him practice?"

"Make him practice? I can't get him off of the course," replied Earl.

Tiger won his first golf tournament at age eight, and 79 tournaments on the PGA Tour so far. He and his father Earl are examples of Training to Excel.

Performers in this level are beyond "interested" or "committed." They have an intense desire and enthusiasm for the activity. They are "passionate." Malcolm Gladwell in his book Outliers talks about the Ten Thousand Hour Rule. If you want to become good at something, you need to train approximately 5,000 hours, but to become great, you will need 10,000. In my experience, there is only one way a person will invest 10,000 hours willingly in anything. It requires passion.

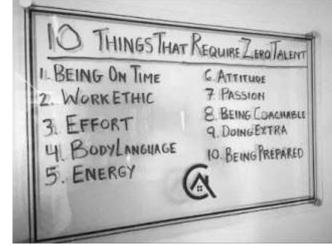
In both high school and college, I went to school early every day to shoot. I was on the rifle team. After class, most days you would find me on the range again.

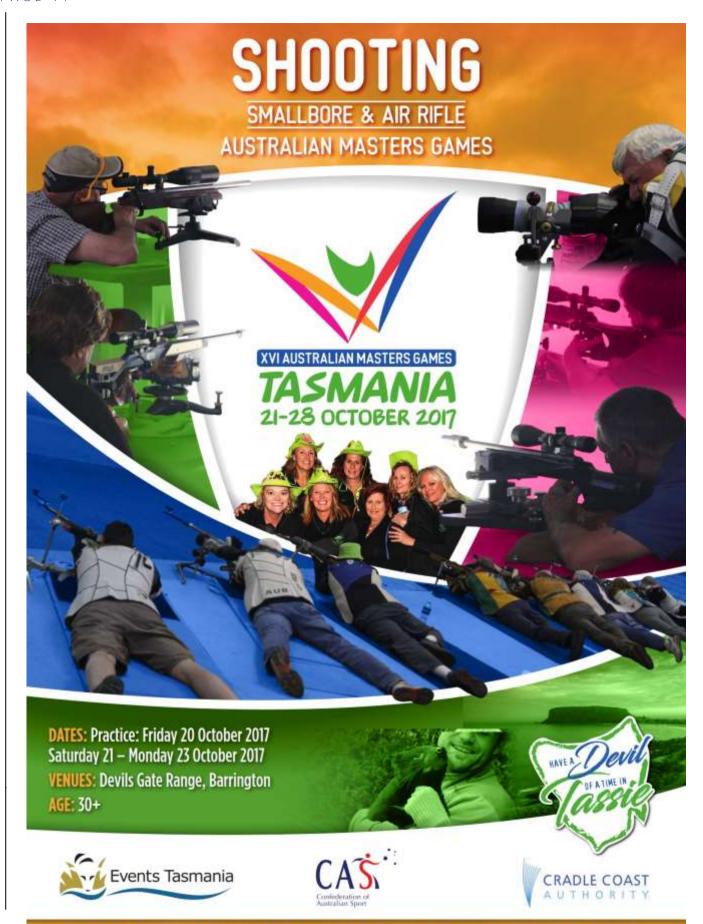
Most of my teammates shot twice a week. They were in the Training to Compete level, and practice was something they "had" to do. I shot twice a day. I was in the Training to Excel level, and practice was something I "got" to do. I was the only four-year collegiate All-American in my university shooting team, and as far as I know, none of my team continued to compete after college.

Please understand, I am not a better person, more dedicated or superior in any way to my teammates. The fact that, for some unknown reason, I was blessed with a higher level of passion is the only difference. I had no choice in the matter.

I did not ask to have a passion for shooting any more than Tiger Woods did for golf. I do not believe you can teach passion at the level the dominate players in the world possess it. Passion seems to be temporary for some and more permanent for others. I do not completely understand it, but I know what it feels like to have it, and it is uncommon. I am suggesting that Passion can be found if you look for it, and once discovered it can be a game changer in life.







ENTER NOW I AUSTRALIANMASTERSGAMES.COM

16th Australian Masters Games . . . Tasmania, 21-28 October 2017

The Tasmanian Smallbore & Air Rifle Association invites all members of Smallbore Rifle Clubs throughout Australia to join with our participation in the 16th Australian Masters Games.

Our events will be held at the Devil's Gate range, at Sheffield, on 21st / 22nd / 23rd October, 2017.

The Smallbore events (3 age groups) to be conducted in the Masters Games will be prone and benchrest and are as follows:

Saturday 21st October - 60 shots 20 metres Sunday 22nd October - 60 shots 90 metres Monday 23rd October - 60 shots 50 etres.

Please stay in Tassie for a while . . .

The following weekend (28 / 29th October) we will be conducting our annual TSARA State Championships (prone and benchrest) and we suggest that competitors in the Masters Games could stay on in Tassie to join with us for these championships (prone will be graded and open).

Note that entry numbers for the **c'ships** will be limited - get your entry in **early!!**

For further information please contact the Tasmanian Smallbore & Air Rifle Assoc. Secretary, Robert Scott PO Box 3, Hagley, Tasmania 7292 Ph: 0407 902 266. Email: bvridge@bigpond.com

NOTES FROM THE TRA BOARD MEETING 22-23 JULY 2017

Chairman welcomed Yvonne Hill to the Board
Matters Arising From Action List from 7th May 2017

- 3.1 Prone Metallic Silhouette Rules: GB circulated final draft of the rules on 19/07/2017. AW moved that the board ratify and approve the rules a circulated subject to the title being changed to "Prone Metallic Silhouette". Seconded by NS Carried 5-0
 - Rules will be circulated to Member Bodies after changes made.

Half Year members

3.2 Starter Pack Documents – EO will circulate final draft documents to board for review and approval. It was noted that a number of changes to photographs will be needed before the documents can be published.

Capitation fees for 2019 and 2020 were discussed.

Directors approved fees for 2019 as tabled below:

Full year members

<i>J</i>			
Full Member	\$ 62.00	Full Member	\$ 31.00
Junior	\$ 45.00	Junior	\$ 23.00
Family*	\$ 124.00	Family*	\$ 62.00
Concession	\$ 45.00	Concession	\$ 23.00
Non-Shooter	\$ 20.00	Non-Shooter	\$ 10.00
Sub-Junior	\$ 28.00	Sub-Junior	\$ 14.00
Provisional	\$ 30.00	Provisional	\$ 15.00

The Board <u>tentatively approved</u> the following capitation fees for 2020:

Full Member	\$61.00	Full Member	\$31.00
Junior	\$44.00	Junior	\$22.00
Family*	\$122.00	Family*	\$61.00
Concession	\$44.00	Concession	\$22.00
Non-Shooter	\$20.00	Non-Shooter	\$10.00
Sub-Junior	\$27.00	Sub-Junior	\$14.00
Provisional	\$30.00	Provisional	\$15.00

TRA Ltd Review of Committee Structures:

Directors discussed the general committee structure of TRA Ltd. including:

- a. Amalgamating the Technical and Competition Committees.
- b. Current membership / functions of the Development Committee
- c. Reinstate the Finance Committee

Directors resolved to:

- a) Reinstate the Financial Committee
- b) Declare all TRA Ltd Committee Positions vacant and call for expressions of interest for participants on committees from Member Bodies.

The Executive officer will prepare and distribute formal documentation as soon as practically possible.

Competition Committee Business:

Postal Competitions Review and Recommendations

The TRA Ltd Postal Competitions were reviewed and it was resolved that:

- a) NS and EO draft a proposal to standardise the competition rules and scoring for **all** TRA Ltd Postal Competitions.
- b) TRA Ltd Competitions Committee would approve a coordinator for each of the **postal** competitions and set reporting quidelines for coordinators to report to EO / **Board**
- c) Call for expressions of interest from current coordinators and member bodies for the conduct of 2018 Postal Competitions.
- d) Introduce a TRA Ltd. 50m Bench Rest Postal Competition conducted to TRA **Bench** Rest Rules.

Funding for Athletes Selected in 2017 Oceania Teams

It was noted that TRA Ltd has provided funding for team members for previous Oceania Championships. Directors resolved to provide funding assistance for members selected to Represent Australia in the 2017 Oceania Championships to a maximum funding budget of \$10,000.

Exact details of any funding assistance provided will be determined once details concerning team representation have been released by Shooting Australia.

National Championships Operating Manual Amendments

All amendments to the National Championships Operating Manual have been made and the manual is ready for distribution to member bodies.

EO will distribute the manual and supporting documents to all Member Bodies as soon as practically possible.

Technical Committee Business

Australian Supplementary Rules Update

GB reported that Supplementary Rules update is still ongoing with A. Maranik to finalise documentation updates. Currently, the Technical Committee is waiting on proposed changes to TRA Ltd. Bench Rest Rules from Bench Rest Committee

It is envisaged that the supplementary rules will be finalised by end of August so that they can be distributed to member bodies to take effect as of 1st January 2018.

8. Coaching Committee Business

National Training Squad - Progress Report

NS tabled a proposed pathway for Rifle Athletes together with email correspondence concerning the "pre-A4G" squad prepared by Shooting Australia Rifle National Talent Coach Carrie Quigley. The proposal tabled does not stipulate the proposed funding model for the "pre-A4G" squad and A4G squads conducted by Shooting Australia.

NS indicated that the annual Shooting Australia A4G funding initiative funding (\$25,000) is likely to be channeled into the "preA4G" squad activities.

Cont on Page 20

Thanks to the TRA Board, I have a TRACE 10 system, and will bring it to all events I attend. I've had time to evaluate this little gem and thought it would be a good idea to compare it to SCATT. The results are below.

Remember that you can buy the TRACE 10 through TRA.

	TRACE 10	USB SCATT	MX02 SCATT
COST	\$1000	\$1500	\$2000
EASE OF USE	✓	√	√
What it shows	All the trace	Only what has been set eg 5 or 8 seconds	Only what has been set eg 5 or 8 seconds
CO-ORDINATION	√	✓	√
saves the shots	√	✓	✓
SOFTWARE	Need to get a "key" via email before use	Serial numbers come with the machine	Serial numbers come with the machine
CALIBRATION	√	✓	√
LIGHTING	Needs good light	Needs good light	Needs good light
DRY / LIVE FIRE	Both	Dry fire only	Both
INDOOR / OUTDOOR USE	Both	Indoor only and uses its own target	Both

Remember that all these machines should be used for TECHNCIAL training, and then results tested on the range. While the SCATT MX02 and TRACE10 can live fire, it is only after solid work dry firing, that the shooter and coach get an accurate measure of the process of each shot, and then offer comments suggestions to improve the process.

Cont page 18



It does come down the question...would I buy a TRACE10? And the answer is a resounding YES. It is good value for money, and allow athletes to work on their pure process at home. Having worked with both, I probably prefer my SCATT, but for very different reasons, as I'm looking at it as a coach, and know the ins and outs.

You won't go wrong if you purchase a TRACEIO, and you can purchase it from TRA, right here in Australia—contact Richard Toye.

Contact me if you want a more indepth opinion Tricia Van Nus

TRA BOARD MEETING NOTES—from Page 17

NS suggested that the Board determine TRA Ltd.'s coaching needs in conjunction with Carrie Quigley and State Presidents as there is a need to develop coaches at the grass roots levels (i.e. clubs) and should be a priority for TRA Ltd to develop in a more structured way and he will liaise with State Presidents, Carrie Quigley and Shooting Australia to facilitate progress on this matter.

Funding for Coaching Camps

Directors have expressed concern about the ad hoc approach of current coaching camps, athlete development and that appropriate structures need to be put in place to facilitate progress.

The Board advises all member bodies that funding for State coaching initiatives is currently is under review, and that in future any requests for funding for State coaching initiatives must include a detailed budget at the time a request is made.

Development Committee Business

Recent Decisions by the IOC/ISSF and the long term effect on shooting in Australia.

Discussion centred on the recent announcements / decisions made by the ISSF concerning the Shooting Program for the Tokyo Olympic Games and beyond, in particular the removal of the 50m Prone event from the Olympic Program.

The Board understands that 50m Prone will not be phased out completely and will remain part of the World Championships.

The Board stresses that 50m Prone is still considered to be the premier event for TRA Ltd. Members at National Championships and other international events.

However, directors also advise member bodies to consider the inclusion of alternative events such as 10m 3 – Position Air Rifle as it is shot extensively in Europe and is a more cost effective introduction into position shooting.

Shooting Australia Business

Whole of Sport Governance Workshop report

The Board welcomed Jaime Drumm (Shooting Australia Community Development Officer) to the meeting.

EO reported that Shawn McEachin (Pistol Australia EO) and EO presented the draft Whole of Sport Participation at the Shooting Australia Whole of Sport Governance Review Workshop on 27th May, at the Novotel Brisbane Airport hotel. The plan appeared to be received quite well by most participants in the workshop.

Jaime Drumm updated the Board about what is currently happening with the Whole of Sport National Participation

Another initiative is the creation of a National Participation Program to develop a link between Come and Try programs and full membership. Program since the workshop including a National Come and Try day approximately 6 weeks after the conclusion of the Commonwealth Games

TRA Website

NS presented a verbal report that the updating of TRA Ltd website is on schedule apart from some minor issues with database interface and security. The National Database will reside on TRA Ltd Servers with appropriate levels of encryption to maximise security safeguards.

The test website is to be up and running within 2-3 weeks with a selected test group using 2-stage encryption security measures. Cornerstone web systems advised that TRA Ltd will need to have approximately 4x the existing band-with currently being used once the upgrade is complete and functional.

There is a need for good quality, high resolution photographs of at least 2 megabits need to be used for future website updates.

2018 TRA Ltd Workshop

EO advised that the workshop has been booked for 13th-14th January, 2018 at Brisbane International Shooting Centre (BISC). Accommodation has also been booked tentatively with the ORA.

Directors brainstormed topics to be considered for the program of events for the workshop. Topics included:

- States to take a great part in the planning and topics of the workshop
- Possible topics: Future directions of TRA Ltd.; Coaching issues;
- Demonstration of Trace Units
- Displays from Clever Combination / Potter Firearms
- SWOT Analysis for TRA Ltd.
- Sales & Marketing information for the sport
- Strategies to mix people up out of comfort zones
- Pathways documents etc to be explained by Carrie Quigley / Shooting Australia
- Shooting Australia CEO to attend and present at workshop
- Changes to Administrative Structure moving to a top down approach (look at other administrative models ACTA / Sporting Clays)
- Athletes' perspectives

The EO will circulate Notice of Workshop and Call for Program Items to member bodies with deadline for submissions prior to next board meeting.

Appointment of Yvonne Hill to TRA Ltd. Board.

The Board formally invited Yvonne Hill to be appointed as an external director under section 9.1D of the TRA Ltd. Constitution. Yvonne accepted the invitation.

NS Moved that Yvonne Hill be appointed as an external director under section 9.1D of the TRA Ltd. Constitution. Seconded by AW.

Next Meeting: Date: 23rd – 24th September 2017 Venue: Adelaide, South Australia. (Comfort Inn Regal Park)

WORKINGTOGETHER

Not long ago, I had the great pleasure of visiting a group of potential coaches in North Queensland. This group worked very hard over two days to become candidates for Club Coach. They were full of good ideas on how to make their club sustainable into the future.

While they have little problem with tenure on the range, there seemed to be a flow in and out of members—often only staying two years or so. Some moved back to the big city, and some moved because of work.

One of the tasks I set for them, as they are far from being a metro group, and need to rely on their own resources, was to stop and think about the precise process involved when a new person, ie prospective member walks in the door.

I wanted to know...who greets the newcomer, what is the process.

After a short time, the three groups had many ideas, and with a little teasing out, they had a usable document that outlined the "New Shooter" process for a period of four weeks.

Any coach who worked with the new shooter could see precisely what had been covered, and where they were up to in their development.

I've taken the liberty of reproducing some of that document here, as it may well be useful to other clubs.

Apart from the needed welcome to the club, the group took it a step further.

WEEK 1—MEET & GREET WITH A TOUR OF FACILITIES, NOTING EXITS ANY PREVIOUS SHOOTING EXPERIENCE?
VISITOR PAPERWORK
RELEVANT SAFETY RULES
WATCH PRACTICAL SHOOTING IN ACTION

QUESTIONS? STRETCHING

ON THE MOUND: SHOOTING ON A REST DRY FIRE TO UNDERSTAND THE TRIGGER

LIVE SHOTS

FEEDBACK AND ADAPTION IF NEEDED

MORE SHOTS IF TIME PERMITS

COFFEE AND CHAT

WEEK 2—MEET & GREET

REMINDER OF FACILITIES

VISITOR PAPERWORK & SAFETY RULES

SHORT DISCUSSION ON RANGE OPERATIONS AND PROCESSES. QUESTIONS?

STRETCHING WHILE OBSERVING SHOOTING

ON THE MOUND: ON A REST

DRY FIRE TO REMEMBER THE TRIGGER (IF NEEDED)

LIVE SHOTS INCLUDING CORRECT BREATHING PROCESS

FEEDBACK AND ADAPTION

MORE LIVE SHOTS IF TIME PERMITS

FEEDBACK ABOUT THE FEEL OF THE POSITION

COFFEE AND CHAT

WEEK 3-MEET & GREET

VISITOR PAPERWORK & SAFETY RULES

"REMINDER" DISCUSSION ON RANGE OPERATIONS AND PROCESSES.

QUESTIONS?

STRETCHING WHILE OBSERVING SHOOTING

ON THE MOUND: ON A REST

DRY FIRE TO REMEMBER THE TRIGGER (IF NEEDED)

LIVE SHOTS INCLUDING CORRECT BREATHING PROCESS

FEEDBACK AND ADAPTION

LIVE SHOTS IF TIME PERMITS

FEEDBACK ABOUT THE FEEL OF THE POSITION

SHOW DIAGRAMS FOR GOOD BREATHING

COFFEE AND CHAT

WEEK 4—MEET & GREET

VISITOR PAPERWORK & SAFETY RULES

"REMINDER" DISCUSSION ON RANGE OPERATIONS AND PROCESSES.

QUESTIONS?

STRETCHING WHILE OBSERVING SHOOTING

ON THE MOUND: WITH A SLING OR REST

TAKE TIME TO ADAPT TO SLING AND POSITION

LIVE SHOTS INCLUDING CORRECT BREATHING PROCESS AND POSITION

FEEDBACK AND ADAPTION

LIVE SHOTS IF TIME PERMITS

FEEDBACK ABOUT THE FEEL OF THE POSITION

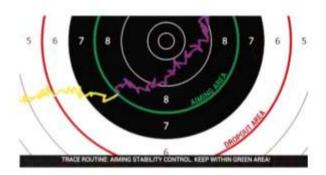
COFFEE AND CHAT ABOUT POSSIBLE MEMBERSHIP.

There you have it—a four week programme to get shooters shooting. It's been over three months since this was created, and I hear that it is working, and that coaches are happy, members are happy and new shooters are happy—everyone knows what they are doing. Well done to the creators.



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MOST RIFLES AND OTHER SHOOTING GEAR

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Shooting Boots Shooting Gloves Shooting underwear

Slings Handstops

Shooting Jackets Rifle cases/bags **Shooting Glasses**

Rifle spare parts Spotting scopes

Triggers Tuners/ Extensions Sights, irises, filters Buttplatesetc

Weights

Cleaning gear Benchrest stands

Benchrest stocks Telescopic sights

Books

Training accessories

If you want it—we have probably got it—or could get it in for you. Check out our website on www.targetriflesa.com

ALL PROFITS FROM THE TARGET RIFLE SA STORE GO BACK INTO OUR SPORT.

THINGS YOU HEAR!

On the range during the second selection event in Adelaide...

"What are we going to do today girls? Go shopping—without kids!.... Go shopping without having to get a trolley..... Just go shopping or anywhere!

Hey—my head is quiet...I can't hear....Muuuuum..I need a biscuit I slept through—no wake-ups!"





My code is guaranteed 100% mistrake free.

Last bitz

WORDSTHAT DRIVEYOU MAD

Startup Version	Corporate Equivalent	Simple English
Pivot	Refocus Strategic Direction	Changing the plan
Disruptive / Disrupt	Game-changing, paradigm shift	Change a long established industry
Ideate	Brainstorm	Think of ideas
Traction	Proven track record	Proof that somebody wants your product
Unique Value Proposition	Competitive Advantage	Benefits to customers no one else has
III. SECTIVATE OF PARTY TO THE SECTION		

And then there's a few of my personal favourites...

'WE WILL JUST PARK THAT" or "we really don't know what to do"

"LET'S TAKE THIS OFFLINE" or "don't mention this to anyone, until we have a solution

"ACROSS THE PIECE" or "I think we know what we're doing"

"GROWING OUR EDUCATIONAL FOCUS"... worked in education for over 30 years, and I have no idea! Obviously education did not previously have a focus.

"BRAND ALIGNMENT" or "we only think what the boss wants us to think—no new ideas

"THE CONVERSATION IS IMMINENT" we need to talk NOW!

"AT THE END OF THE DAY" has no relevance to hours—purely comments on when we finish talking!

"ECONOMICAL WITH THE TRUTH" or "They are lying"

"AT THE ELEVENTH HOUR" or doing things at the last moment

"PARACHUTE IN" or "the group needs some more help, so I'll co-opt someone"

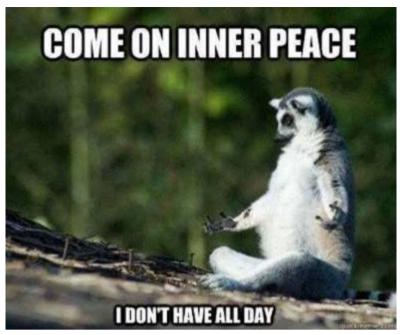
Of course, I could have written pages more of these phrases that seem to infiltrate our lives and TV screens—reporters, and those being interviewed, politicians, economists and anyone who thinks that using a big word is better than pure English.

And don't get me started on grammar! (no she is not your parent's mother) Tricia Van Nus

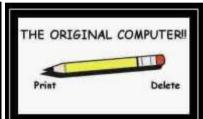
[&]quot;THE CONVERSATION NEEDS TO DEVELOP" or "we need to talk"

[&]quot;All entitlements are protected for the 1200 employees whose jobs are affected, and the company will work through the next three years to provide support." really means "a lot of folk are being fired!"









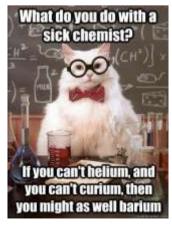






This is why dogs are happier





I asked my boss
"What do you want
me to do with this 6
metre roll of bubble
wrap?" He replied,
"Just pop it in the
corner". 4

