

**SPECIAL POINTS
OF INTEREST:**

- **COMMONWEALTH
GAMES PICTURES**
- **ISSF FINALS CHANGES**

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MAX DUNNACHIE1935-2010.... VALE

On the 16th November 2010, we lost one of the gentlemen of shooting.

I refer of course to Max Dunnachie from New South Wales. To many shooters of the last decade, Max would have been more well known as the “man with the camera” who attended many competitions and took photos of the podium winners and always found the time to find interesting pictures around the range.



Many will remember the baseball cap...brim forward when wandering, and quickly spun around when a good shot presented.

Max (a born and bred Parramatta lad) was involved in shooting for many years, firstly as a shooter, with the local club in Dubbo, and more recently Newcastle and then as an administrator, both at a State Council level in NSW and nationally, working as the TRA Selection Committee Chairman for a number of years.

I’m also told that it was due to his tireless efforts that the Newcastle range complex flourished and prospered to the point of being to purchase their range site. The Dunnachie’s made it a family affair with daughter Sandra also getting involved in shooting.

He retired to Tanilba Bay in 1995 to take in a sea change with his wife Robyn. The last couple of years saw Max pull back from the sport he loved, due to failing health.

Our prayers and best wishes are extended to Max’s wife Robyn, daughters Susan and Sandra and the extended family. Rest in peace dear friend

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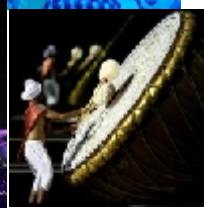
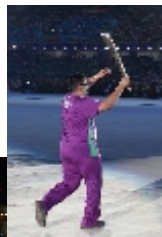
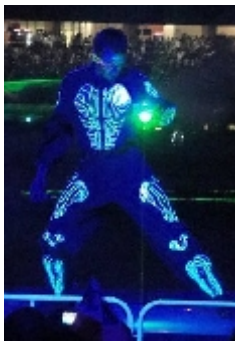
Those into shooting books will certainly know the name **BILL KRILLING**. I’ve had an email from an old friend David Kimes, to let me know that Bill’s Alzheimer’s disease is challenging him these days. With Bill’s outgoing disposition and ready smile he is adapting and doing quite well. He has a calm manner and the impeccable manners of a true Southern gentleman. It’s tragic that Alzheimers can afflict someone of Bill’s national and international stature. We wish him well.

THE COMMONWEALTH GAMES in pictures

Let the pictures do the talking.... Firstly the rifle & shotgun team... Delhi 2010



Then on to the OPENING & CLOSING CEREMONIES....



Thanks to the photographers

Club View—Maryborough QLD

Catering for Smallbore Target, Silhouette & Benchrest, Air Rifle & Pistol Shooting

CLUB HISTORY

The Maryborough Smallbore Rifle was formed in 1960 by mainly members of the Maryborough Full Bore Club. The original smallbore range was located on the left hand side of the fullbore range about 200 metres in front of the current range location, and consisted of 4 earthen shooting mounds as almost all smallbore ranges were built on this style in the 1960's.



The ranges were for 20 firing points at 25 yards, 50 yards, 50 metres, and 100 yards with the shooters shifting between the various ranges. The 50 yard and 50 metre ranges were joined together where 50 yards was shot from the front of the mound and 50 metres was shot from the back of the mound.

The club used the fullbore club house which was located behind the 100 yard mound. After termites invaded the clubhouse it was burnt down in the late 1980's. In the mid 1970's a new stop butt was pushed up behind the old smallbore range and this was the start of the modernisation and present day smallbore club. In the early days to protect the shooters from the sun and rain, a portable cover was made and the shooters shot from under this.

Night shooting was also introduced with the use of a 5kva generator and fluorescent lights—a bus load of travelling New Zealand shooters were quite amused at the night shoot the club organised for them.

In 1980 the new shed for the shooting bays was built with provision for 24 shooters. On the roof were placed 4 mercury vapour lights for the regular night shoots that are now part of the clubs shooting programme. In 1982 the modern club house



was built out of besser blocks. This was quite an achievement for club members. Over the years the club has been fortunate in having tradesmen in the club to do any work the club might want done.



In the early years of the club only target shooting was done, but in recent years Silhouette shooting, bench rest shooting, and with the demise of the Maryborough pistol club, the remaining members joined the smallbore club and pistol shooting was also introduced.

The two main competitions for the club each year are the Wide Bay Championships held over the Queens birthday weekend in June each year and the Masters games held on the first weekend in October each year which attract shooters from all over Queensland and New South Wales. At the present time the club has about 80 members and is growing each year with new silhouette shooters coming in and the older shooters who cannot shoot prone anymore coming back and taking up bench rest shooting.

The club has operated a food stall at the Maryborough Show each year for the last 30 years with the view to purchasing our range. At the present time the Dept of Defence is contemplating selling the rifle range complex and we are working hard to try and get a priority sale so that we can retain our facilities. If this does not happen we feel it may be the end of the Maryborough Smallbore Club which would be a shame after all the hard work members have put in over the years.



At this point the club has only until December 2011 at this site unless we get the sale.
Roy Muller—President



Club View—EAST MARDEN SA



In the early 1930s, four or five members of Torrens Valley shot with the City and Suburban Miniature Club (.22 rifle) using the Kensington Drill Hall as their headquarters.....In 1936 the Miniature Union went into recess from lack of members and suitable ranges. Big-bore shooting was stopped in mid-June 1940 due to the War.

The only ammunition available came through the Army and was of such dubious quality that a rod was kept on the mound to push stuck bullets out of the barrel. Rifles were also very scarce as most had been commandeered by the Government. When a match was due, the Torrens Valley shooters usually set up the targets on the bigbore range at Athelstone.

In 1944, Arnold Hobbs, approached the Wilton brothers, then owners of the land of the present East Marden range, with a view to renting the land and setting up a 25 yard smallbore range. The Hobbs family and then Wiltons had used the river bank as a sand quarry and as a result had excavated a more or less level area, with the bank below a masonry walled celery shed making a suitable backstop. A shed was constructed and the club flourished and, on the 3rd September 1956, the club was no longer Torrens Valley Miniature Rifle Club but became East Marden Small Bore Rifle Club.

In 1963, and tired of lying out in the open at all distances and in all weathers while the target remained at the backstop, the Club embarked on a major project with the Club's purchase of "Bldg 11" from Keswick Barracks. The Club suspended shooting for seven months and the hut was rebuilt into a covered firing point. Shooters remained under cover while the targets moved to the various distances. The range was now starting to look pretty good and on 3 February 1965, £13 was spent and a concrete mound was laid and then covered with rubber underlay.



The first years of the new century saw the emergence of several very favourable developments. Firstly, the Government firmed on their plans for the adjoining Lochiel Park which, although bringing civilisation even closer to our doorstep, and an approach was made by a Telco company to erect a transmission pole on the property, and guarantee an income.



With these funds, a loan from the State Association, and then a grant from the State Government., East Marden has been metamorphosed into a superb modern 50 metre range equal to any Club facility in the country. The new firing point was declared open on the 9th August 2006 and named the "Ireland Range" in recognition of Terry and Sandra Ireland's (nee Lawson) support for the Club over the years and their shooting prowess.



Our aim is to promote the sport of competition rifle shooting and to provide shooters with the facilities and the services required to allow them the opportunity to enjoy their sport from "weekend fun target shooting" right up to the highest level of competition in a safe environment.

At East Marden we provide target shooting in two disciplines using .22 rifles. They are Prone and Benchrest and are both competed in their own divisions over 20 and 50 metres

Drop in if you are in the area— contact Tony on his mobile: [0419 828 605](tel:0419828605)

Setting and Sorting Goals

David A. Johnson
National Rifle Coach



In our sport of shooting, there can often be a seemingly overwhelming list of skills to build, tasks to accomplish, areas to improve, and important technical requirements. The most important task after setting goals is to manage them into a plan of action that leads to goal achievement.

First, consider two types of goals:

Outcome Goals: Outcome Goals are generally result or score oriented. They can be a certain score, a ranking, or even a team berth. Outcome goals can be mostly out of our direct control. You cannot control or predict how your competitors will shoot and their result may be better than your best efforts. Outcome goals are often the place we want to go, but not the actual means of getting there.

Performance Goals: (also called task or process goals) These goals should be directly related to the Outcome goals you create. The outcome goals are the destination; the performance goals are the actual way that you get to the destination. Performance goals can be any part of the puzzle that helps reach the outcome desired. Performance goals are not only about improving weak areas, but also making needed skills that are already good even stronger.

The outcome goals are easy to set...the real work comes with setting Performance Goals that lead to achieving the desired outcomes.

A Way to Sort and Prioritize Goals

1. Consider sorting your Performance Goals into four categories:

- A. **Technical:** This category can contain items like "I will optimize my gun/ammunition match up" to "I will keep my hips straight in standing and place my elbow in exactly the same place every shot in training."
- B. **Tactical:** Tactical items often overlap the other categories, but the important thing is to think of parts of your performance that are key to your overall effort. At the National Team level we often address issues

related to match plan and time management.

Example: Time management during the match. In a tactical sense, it is important to manage your time so that you don't spend too much time in sighters and put yourself in a time crunch later in the match.

- C. Physical: Use this category to focus on items like endurance in positions, overall fitness and health, food/snack plan, and cardiovascular endurance.
- D. Mental: Mental skills are often considered obvious; the important issue is to keep these items skill related and simple. An example might be "I will learn how to relax on demand so that I can calm down if my heart starts racing in competition" or "I will run a pre-shot routine every shot in training and competition so that I am ready to shoot the shot in the best part of my hold".

Prioritizing your Goals

- In each category above that you have performance goals listed, consider each of the goals and rank them by their potential to directly impact your performance in a positive way.
- This ranking will differ for every individual. Cut the list in each category to no more than three items.
- At this point you will have up to 12 performance goals, three in each category. The next challenge is to cut to one in each category that you can focus your energy on in the next 3-6 months.

If you can finalize a list of 4 Performance Goals, categorized as above, you will have a very manageable list of tasks that will efficiently focus your training and efforts.

Sources of help: **Your coach!** Ask for help with your goal setting. Coaches, and other mentors can help you categorize your goals and sort them for impact and importance. I believe it is necessary to have "outside eyes" that are interested in your efforts assist you with constructive and objective input. One of the most important tasks a coach can do is to simplify and help focus your efforts on meaningful tasks that will keep you on your goal path.

Further interesting articles such as this are available on the US Shooting website, at <http://www.usashooting.com/downloads.php>

Defining the Different Forms of Rehearsal

Last week a discussion started in our office about Rehearsal and we realized that rehearsal is many times misunderstood as to when and why you use it. Fact is Rehearsal is essential for mental consistency in anything including sports, stage performance and business.

We thought it would be helpful to define the forms of Rehearsal this month as it pertains to sport, you can make the adjustment as it pertains to your sport or performance as well.

Forms of Rehearsal:

Mental Rehearsal - This is the most common form of rehearsal. This form of rehearsal has many names, visualization, imagery, and rehearsal. It is used during the pre-load. It is simple to mentally rehearse the shot that you want to make in your mind before you attempt the process.

Mental Practice - This is used when you can't get to the range. It is a period of time that is set aside in which a shooter will mentally perform their sport in their mind. Some athletes will rehearse their balance and position over and over, while other players will rehearse good shot after good shot in their mind. This helps promote the likelihood that the shooter will perform this way in the future.

Contingency Planning - This comes from NASA. They spend a tremendous amount of time going over what to do if things do not go according to plan so they will be ready for anything.

Athletes should do the same thing and go over the possible situations mentally and physically so they know how to get out of trouble.

They should mentally rehearse that they are leading a match and run away with it. They should also rehearse coming from behind and shooting the best score in the match final to win. They can also rehearse getting out of trouble and making a great recovery shot, or series.

Reinforcement Rehearsal - This is used to build on a athlete's success. The best way to extend the success that a shooter is having is to mentally rehearse that success over and over. This reinforcement process allows the athlete to perform that way more often

Available at <http://mentalmanagement.ipower.com/>

“80% of success is showing up”

Quote attributed to Woody Allen

TRA 3P COMPETITION—

As a result of an initiative from Ron Maine in SA, the national TRA 3P teams competition has been revived, and commenced in Oct with a record nine team competing. The event is a 3 person team shooting a 3x20 match. As you see from the results below, Round 1 is now complete with Victoria “A” comprising Sue McCready, Alethea Sedgman and Chris Lott, leading the pack, closely followed by NSW 1 (Susie Smith, Alice Styles and Kevin McKenzie) Stay tuned for further results.

TEAM SCORES	Score / Points						Total
	this month	Oct	Feb	March	April	TOTAL	
	VICTORIA A	1684	10				
	NSW ONE	1673	9				
	NSW TWO	1610	8				
	SA THREE	1594	7				
	QLD	1592	6				
	SA ONE	1567	5				
	VICTORIA B	1560	4				
	SA TWO	1546	3				
	VICTORIA C	1332	2				

INDIVIDUAL SCORES	Oct	Feb	March	April	Total
A Sedgman	578				
D Sampson	575				
J Hens	574				
S Smith	571				
A Styles	558				
S Carlyon	558				
W Godward	557				
S McCready	557				
E Woodroffe	551				
C Lott	549				

WARREN POTENT 50m STATE POSTAL MATCH

Having renamed the Winchester Match to the Warren Potent Match, the event shot this year with some wonderful performances being recorded. The final outcome...

State	Shot	Won	Draw	Lost	Points	Aggregate
New South Wales	5	5	-	0	15	14730
Queensland	5	4	-	1	13	14599
South Australia	5	2	-	3	9	14534
Victoria	5	2	-	3	9	14477
West Australia	5	1	-	4	7	14416
Tasmania	5	1	-	4	7	14279

Congratulations to New South Wales for winning the overall Teams event.

Top scorers.....

NAME	State	Round 1	Round 2	Round 3	Round 4	Round 5	Total
Dane Sampson	QLD	592	589	583	584	595	2943
Barry Cowburn	WA	587	588	590	589	586	2940
Susannah Smith	NSW	590	589	591	586	582	2938
Ron Maine	SA	587	590	591	591	578	2937
Peter Eysers	SA	583	582	583	579	580	2907
Debbie Lowe	SA	580	579	578	586	577	2900
Norm Abbott	WA	581	570	569	577	572	2869
Robert Fernandez	WA	574	577	571	574	564	2860
Warren Potent	NSW	597	594	0	595	595	2381
Jennifer Hens	NSW	591	583	596	0	590	2360
David Clifton	NSW	585	589	592	586	0	2352
Jack Barnes	QLD	578	0	588	592	590	2348
Chris Lott	VIC	590	580	589	0	579	2338
Euan Gibson	VIC	584	582	582	0	582	2330
Wil Godward	SA	586	589	0	573	582	2330
John Mighall	WA	578	0	586	579	571	2314
Phillip Gough	TAS	571	577	0	579	574	2301
Mark Walters	TAS	562	576	0	574	574	2286
Graham Glanville	TAS	571	577	0	573	562	2283
Lucinda Bennett	TAS	566	563	0	582	572	2283
David Wright	NSW	0	0	595	595	587	1777

GRAHAME LAWLER 10m STATE POSTAL MATCH

The Lawler match again saw some wonderful scores from our shooters.

STATE	R1	R2	R3	R4	R5	Agg	Points
WA	2323	2316	2309	2334	2326	11608	15
VIC	2273	2293	2328	2290	2286	11470	11
SA	2302	2269	2294	2299	2290	11454	11
NSW	2287	0	2296	2292	2274	9149	8
QLD	2163	2201	2192	2261	2258	11075	7

Congratulations to Western Australia on this year’s team win, and also Robyn Van Nus for a great aggregate individual score.

The top 20 shooters in the competition

1	VAN NUS, Robyn	W.A.	589.35	590.34	589.40	593.44	590.39	2951.192
2	VITLER, Tyren	W.A.	585.29	587.35	591.43	593.41	584.31	2940.179
3	TIRKOT, Kadiejayne	W.A.	583.18	578.29	572.25	585.32	585.39	2903.143
4	WOODEROOFE, Emma	S.A.	568.23	574.00	575.00	577.00	579.03	2873.53
5	SAMPSON, Dane	QLD	573.24	570.23	578.27	566.24	578.03	2865.128
6	BRAYBON, Tim	VIC	576.00	566.17	574.00	578.00	570.00	2864.17
7	LOAKIM, Nicholas	S.A.	568.22	566.00	567.00	564.00	567.19	2832.41
8	GIBSON, Euan	VIC	561.00	569.23	571.00	565.00	562.00	2828.23
9	MAINE, Ron	S.A.	557.23	562.00	562.00	562.00	554.14	2797.37
10	WALKER, Cliff	QLD	541.14	542.16	536.16	549.17	550.15	2718.78
11	GODWARD, Will	S.A.	585.36	0.00	590.00	596.00	590.04	2361.76
12	MCCREADY, Sue	VIC	0.00	595.44	593.00	584.00	589.00	2361.44
13	SMITH, Sue	NSW	580.00	0.00	581.00	581.00	582.00	2324.00
14	GOLDSWORTHY, Peter	W.A.	566.18	561.15	0.00	563.18	567.02	2257.71
15	HENRY, Tamsyn	QLD	554.16	561.17	568.21	563.22	0.00	2246.76
16	ELSMORE, Sam	VIC	555.00	563.19	563.00	0.00	565.00	2246.19
17	TECZA, Dawn	NSW	559.00	0.00	567.00	561.00	553.00	2240.00
18	LOTT, Chris	VIC	551.00	551.14	555.00	554.00	0.00	2211.14
19	HENS, Jennifer	NSW	0.00	0.00	566.00	576.00	566.00	1708.00
20	BRAYBON, Lindsay	VIC	0.00	543.18	555.00	563.00	0.00	1661.18

This information was prepared to inform you of the ISSF rule changes that will be used in 2011 and 2012 ISSF World Cups and Continental Championships as well as in the 2012 Olympic Games in London.

ORDER FOR PREPARATION, SIGHTING SHOTS AND ATHLETE PRESENTATION FOR RIFLE AND PISTOL.

The new rifle-pistol presentation order is as follows:

Time before Start Time of Final

30:00 minutes	Finalists Report, Juries complete equipment checks, finalists change clothing.
20:00 minutes	Finalists move equipment to firing point
14:30 minutes	Eight (8:00) minutes combined preparation and sighting period—will be announced and controlled by the Range Officer.
06:30 minutes	Sighting period ends. All rifles or pistols must be unloaded, checked and placed on the shooting mats or benches. Finalists must stand (includes 50m prone finalists) turn to the rear to face spectators and be introduced.
05:30 minutes	Announcer introduces finalists
02:30 minutes	Finalists are instructed to return to their shooting positions and will have two minutes to resume their positions, prepare and fire sighting or warming shots before the first Final Round shot.
00:30 seconds	Pause to reset targets.
00:00	Range Officer commands, FOR YOUR FIRST COMPETITION SHOT, LOAD... ATTENTION, 3-2-1, START.

The announcement of scores after each final round shot will be followed by a short commentary about the current rankings. Television needs a delay of approximately 30 seconds after each shot to be able to show the scoreboard and current rankings. A ranking monitor will be placed in front of each finalist so that all shooters will know their current rankings even if they do not understand the language of the commentator.

After the Finals, tie-breaking shoot-offs will be conducted only for the first, second and third places. Other ties will be broken by the final round score and then by the Qualification ranking.

Now the shooter impression of the Finals change:

Warren Potent and **Robyn Van Nus** were in Munich at the World Cup Final (where these were tested) to witness these change first hand. Although Robyn did not make the final in her 3P event, she sat behind most of the other finals, and offer these comments....

From Robyn...Under the new finals system, you present for the final 30 minutes before the advertised start time (previously 20 min) with your gear. With 20 minutes until start time you are allowed out into the field of play to put your rifle/gear into place and get ready. You then get 8 minutes for preparation and sighters combined. As before you are allowed unlimited sighters in those 8 min.

Here is where the biggest change takes place. After the prep/sighting time, all shooters put their firearm down and step out of position, facing forward to the crowd, a good 1m away from the firing point so the announcer can introduce all the athletes, announce personal bests, seasons performances etc. This procedure has been allotted a time limit of 4 minutes to complete. You then are allowed 2 minutes to get back into position for the first shot.

At the 2010 World Cup Final, Air Finalists were not allowed any extra shots to prepare however after consultation from coaches and athletes in the 50m events, athletes were allowed time

After this, the range officer calls... "load, attention, 3, 2, 1, start" as normal. Between shots, there is now a 20 second gap which the announcer will fill with what has happened after the last shot. Whether anyone has moved places up or down, shot a really good shot, current medals standings etc.

Although the actual shot procedure itself has not changed, this new format does present some challenges. The two minutes prep time you do get after being presented, is very limited, especially if it takes you a while to really set up properly. I feel this is more of a problem for those in the standing position, other shooters may agree with me that it takes a while to get your feet and lower body feeling really balanced, and prone shooters may have their own concerns. Either way this new system is going to need a lot of practice and training.

The other issue I feel this format now presents is the fact that you are now told what is happening after each shot of the final. If you are anything like me, a shooter who purposefully does not look at a score board in a final so I can just concentrate on my shots, this will pose a problem as you no longer have the choice of whether you want to know the standings or not. I think Jamie Bayerle from the USA put it best in Munich when she said "*you are also disadvantaged if you speak English, as all announcements are in English and if you do not speak the language, you have a choice not to know*" However I now read that monitors are to be in front of each shooter to ensure they know the standings.

I believe that these changes, although interesting, will not do what the ISSF hoped, ie to make finals more TV friendly, but rather increase the level of difficulty for shooters. Once introduced at the start of the 2011 year, we will need to also introduce them as quickly as possible in Australia so that we can all get in some practice....and fast, before the 2011 World Cup in Sydney.

Warren did compete in the Final, and offers these thoughts

From Warren....As of 1 January 2011, we will have a new finals system.

The easy part of the change is the preparation/sighting time as we have 8 minutes, which is plenty of time, similar to what we have now. The next part is the first major change. We have to place our rifles down then get up (prone) or turn around (standing/air), we are all introduced.

After this we are allowed 2 minutes to get back into position, this was not too much of an issue, as muscle/skeletal groups are already warmed/stretched from prep/sighting time. Though you do need a good efficient procedure to get back into position quickly! In 50m events we were allowed warming shots, I used this for an extra sighting shot to confirm I was back in position.

The final started as normal, then after the shot is fired scores were announced, but, lane numbers are not used, the shooters names were used instead. Now the next bit! The next 20 seconds after the scores were announced was for commentary about the finalists, who is gaining, who is losing ground etc.

This 20 second commentary does slow the final down; this is where I found it a little troublesome, as we all have a rhythm of sorts we use in a final and I had a little trouble getting into the rhythm of the final, I'm sure after shooting a couple of finals, I will have my rhythm sorted out.

After the 10th shot, the scores are NOT read out, but the winner's names are read out unless there is a shoot off.

I found the changes were not that bad and did make the final feel more competitive. The commentary gave you an idea of where you were standing. Overall the new final system is not much different to what we have now.

The whole story can be found on the ISSF website

http://www.issf-sports.org/getfile.aspx?mod=docf&pane=1&inst=31&iist=29&file=ISSF_Rule_Changes_2011_Summary_9Nov2010.pdf

RIMFIRE BENCHREST by Bill Collaros



After 7 years of running & organising Rimfire Benchrest Australia, Peter Armstrong has decided to take a well earned rest. I take this opportunity to thank Peter for what he has achieved and done for our sport.

I am happy to advise that the NSW SARAI Council has agreed to co-ordinate the operations of Rimfire Benchrest Australia from January 1, 2011. This gives members and clubs another choice in rimfire benchrest shooting disciplines and targets. It will also give members a chance to officially represent Australia at World Championship events held every 4 years and also World Postal events that are held every year. RBA will be the ONLY member body aligned to the World body, and more information can be found on this at www.wrabf.com.

We look forward to developing this exciting sport not only in NSW but also nationally with the potential involvement of TRA in the future. Obviously from 2011 onwards to shoot in the NSW SARAI-RBA matches, shooters will need to be members of the state small bore association, however this also provides a new opportunity for current NSW SARAI members to shoot Benchrest as well as Smallbore. I see this not as a competition to International Rimfire Benchrest or SSAA but as another option for people to shoot, enjoy and help promote benchrest shooting

NSW SARAI has established a Benchrest Committee, of which I am a member and I look forward to hearing from Benchrest shooters across Australia.

The BIG DEAL for Benchrest in 2011 is the World Rimfire & Air Rifle Benchrest Federation World Champs in the USA which I will be going to as Australian Team Captain and President of the World Body. For more details, see www.wrabf.com Shown at right is the Aus Team to the 2008 World Champs



Rimfire Benchrest National Championships

Dates to note in 2011

WOOLLAHRA SUMMER RBA :

Woollahra Rifle Club 5th February 2011

SYDNEY RBA TITLES: New Greystanes Shooting Complex 26th February, 2011

WOOLLAHRA WINTER RBA: Woollahra Rifle Club 18th June 2011

NSW RBA TITLES: Woollahra Rifle Club September 3rd 2011

NATIONAL RBA TITLES: New Greystanes Shooting Complex November 19th and 20th 2011

TARGET RIFLE SOUTH AUSTRALIA

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We keep the popular rifles in stock, but if we don't have something (which is unlikely) we will order it without delay.

RIFLES










Check out our website - we have lots more gear in stock from many other suppliers, so please contact us with any of your shooting requirements. If we haven't got it in stock, we can probably get it.

ACCESSORIES








Phone orders are welcome and we take direct EFT payments or credit card payments over the phone and will dispatch to you promptly.

DO YOU HAVE SOMETHING TO SAY....

To the Editor

Benchrest is becoming more popular. Can you put more things in the magazine relating to bench shooting....coaching tips, and this sort of thing. Photos and information on the rifles and positions would be good. KB

Thanks for that - you will see a Benchrest News section is now in the e-mag....Page 14. I hope that this will become a regular feature. Ed

To the Editor

Hi—why aren't there many results in the magazine. TR

Well, I would hope that all States put local results in local newsletters, or on the State's website—and of course there are numerous results on the TRA website in the RESULTS area.. The e-mag, as a two monthly production, is rare for interest reading (I hope) and pictures of what's happening. Ed.

To the Editor

Can we have information on ammunition and testing. What to look for, and how to test barrels. It would be good to know what ammo the top shooters use and what is good for club shooters. GK

I'll see what I can do for the next issue. Ed

To the Editor

I like the magazine, it's always a good read, but it's only every two months. Can you make it every month.

The decision was made to go every second month because the concept of the e-mag was *more a reading and interest publication, and with States having a monthly newsletter* providing the local competitions, results and news, the e-mag would provide something different. Ed.

DO YOU HAVE SOMETHING TO SAY?

SEND YOUR COMMENT OR QUESTIONS TO traus@westnet.com.au

AUS CUP FINAL & GRAND PRIX—NOVEMBER 2010. RESULTS ARE ON THE TRA WEBSITE



FROM LEFT:

MENS PRONE AUS CUP FINAL: 2nd David Wright, 1st Warren Potent, 3rd Tom Versace

MENS PRONE GP: 2nd Tom Versace, 1st Warren Potent, 3rd Barry Cowburn

WOMENS PRONE GP: 2nd Jennifer Hens, 1st Robyn Van Nus, 3rd Sally Johnston



FROM LEFT:

WOMENS 3P AUS CUP FINAL: 2nd Alethea Sedgman, 1st Robyn Van Nus

WOMENS 3P GP: 2nd Sally Johnston, 1st Robyn Van Nus, 3rd Alethea Sedgman

ISCD PRONE GP: 2nd Bradley Mark, 1st Jason Maroney, 3rd Luke Cain



FROM LEFT:

MENS 3P AUS CUP FINAL: 2nd Dane Sampson, 1st Chris Gulvin, 3rd Ben Burge

MENS 3P GP: 2nd Dane Sampson, 1st Chris Gulvin, 3rd Ben Burge

MENS AIR RIFLE GP: 2nd Tyren Vitler, 1st Will Godward, 3rd Tim Braybon



FROM LEFT:

MENS AIR RIFLE AUS CUP FINAL: 2nd Will Godward, 1st Tyren Vitler, 3rd John Coombes

WOMENS AIR RIFLE AUS CUP FINAL: 2nd Robyn Van Nus, 1st Alethea Sedgman, 3rd Jennifer Hens

WOMENS AIR RIFLE GP: 2nd Alethea Sedgman, 1st Robyn Van Nus, 3rd Jennifer Hens

Did you know that WARREN POTENT is an agent for the following shooting suppliers????

*Centra sights and accessories.....Kurt Thun clothing and accessories
Bleiker rifles.....Grunig & Elmiger accessories and rifles*

Contact Warren on warren.potent@olympian.org to discuss your requirements



TARGET RIFLE AUSTRALIA Inc

NATIONAL CHAMPIONSHIPS 2011



Hosted by TARGET RIFLE VICTORIA Inc.
At MELBOURNE INTERNATIONAL SHOOTING CLUB (MISC)
120 Todd Rd, Fishermans Bend.

&

TARGET RIFLE GEELONG RANGE. Breakwater Road. Geelong.
April 18 to April 25.

MISC PROGRAM

- Monday 18th. Practice (At own cost payable to MISC)
Equipment Control open from 10am – 3pm
- Tuesday 19th. **3 x 40 Free Rifle Open Championship.**
In conjunction; Junior, Veteran & Graded 3 x 40 Championships.
Open & Junior State teams
ISCD 3 x 40 Free Rifle Open Championship
- Wednesday 20th. **3 x 20 Sport Rifle Open Championship.**
In conjunction; Women's, Junior & Veteran, Graded 3 x 20 Championships.
Open & Junior State teams
ISCD 3 x 20 Sport Rifle Open Championship.
Air Rifle Badge Match 60shots. (Not squadded)
ISCD R3, R5. Prone mixed Championship.
- Thursday 21st. **Air Rifle Open Championship & Final**
In conjunction; Junior & Veteran Championships. Women's Championship
(First 40 shots) Graded Air Rifle Championships.
10m Champion of State Champions
Open & Junior State teams
ISCD R4. Standing mixed Championship.
- Friday 22nd. **Jim Smith Open Prone Championship.** (1st 60 shots)
In conjunction; 50mt Junior, Under 18 & 16 Junior Championships
50mt Women's Prone Championship.
Selection of Slazenger Team and Lord Wakefield Cup Team.
- Saturday 23rd. **Jim Smith Open Prone Championship.** (2nd 60 shots)
The ranking system from the Jim Smith Championship (1st 60 shots) will be used for the bay allocation for the 2nd 60 shots.
In conjunction; Open Championship (120 shots).
Veteran Championship (120 shots).
Junior Prone Championship (120 shots).
Junior Under 18 Prone Championship (120 shots).
Junior Under 16 Prone Championship (120 shots).
Graded Championships (120 shots).

Saturday 23rd. Slazenger Teams match and Lord Wakefield Cup Match.
ISCD R6. Prone mixed Championship. (120 shots)
TEAMS MATCHES. At the conclusion of the Jim Smith Championship.
All Teams matches are to be shot in conjunction.
 Open State Teams 50m Prone Match.
 Women's State Teams 50m Prone Match.
 Junior State Teams 50m Prone Match.
 50m Champion of State Champions Match.

This concludes the matches at the MISC range.

GEELONG PROGRAM

Tuesday 19th. Practice (At own cost payable to Target Rifle Geelong)
 Equipment Control open from 10am – 3pm

Wednesday 20th. **50mt Bench Rest Open Championship.** (1st 60 shots)
 In conjunction; Veteran 50m Bench Rest Championship.
 Junior 50m Bench Rest Championship.
 Junior Under 18 50m Bench Rest Championship.
 Junior Under 16 50m Bench Rest Championship.

Thursday 21st. **50mt Bench Rest Open Championship.** (2nd 60 shots)
 In conjunction; Veteran & Junior 50mt BR Championships (120 shots).
 Junior Under 18 50mt Bench Rest Championship (120 shots).
 Junior Under 16 50mt Bench Rest Championship (120 shots).
 Graded Championships (120 shots).

Friday 22nd. **20m Bench Rest** (1st 60 shots Dual range Bench Rest Championship)
 Saturday 23rd. **90m Bench Rest** (2nd 60 shots Dual range Bench Rest Championship)
 In conjunction; Open, Veteran & Junior DR BR Championships (120 shots).
 Junior Under 18 Dual Range BR Championship (120 shots).
 Junior Under 16 Dual Range BR Championship (120 shots).
 Graded Dual Range BR Championships (120 shots).
 Open State & Junior Dual Range BR State teams (120 shots).

Sunday 24th. **Bill Eddy Dual Range Prone Championship.** (1st 60 shots 90m Prone)
 Monday 25th. **Bill Eddy Dual Range Prone Championship.** (2nd 60 shots 20m Prone)
 In conjunction; Open Dual Range Championship (120 shots).
 Veteran & Junior Dual Range Championship (120 shots).
 Junior Under 18 Dual Range Championship (120 shots).
 Junior Under 16 Dual Range Championship (120 shots).
 Graded Dual Range Championship (120 shots).
 Open State & Junior Dual Range State teams (120 shots).

Presentation dinner..... Monday 25th. (Venue and cost to be confirmed)



TARGET RIFLE AUSTRALIA Inc NATIONAL CHAMPIONSHIPS 2011



GENERAL INFORMATION

RANGES

MISC. Melbourne International Shooting Club. 120 Todd Rd, Fishermans Bend.

GEELONG. Target Rifle Geelong. Breakwater Rd. Geelong.

Technical Delegate. Mr Rod Sampson.

ENTRIES—Match Entries close March 15 2011.

STATE TEAM ENTRIES. \$20.00 per Team. Payable on entry.

All entries to be forwarded to the address on the entry form which is available on the TRA website at www.tra.org.au or the TRV website at www.trv.org.au Late entries may be accepted after the closing date depending on range capacity. A late entry fee of \$20.00 will be payable.

SQUADDING—information will be posted on the Target Rifle Victoria Website.

Please Note.....Shooters will be squadded at MISC first if shooting at both ranges on the same day.

GRADING—Competitors are to list their State Grading on the entry form for each event.

FIREARMS—storage will be available at both MISC and Geelong ranges.

AGE CATEGORIES Junior- must be under 21 years on December 31st 2011

Under 18 years- must be under 18 years on December 31st 2011

Under 16 years- must be under 16 years on December 31st 2011

Veteran - must be over the age of 55 years on Dec 31st 2011

AWARDS—Trophies, Medals, Badges or Certificates will be presented in accordance with the TRA Bylaws. Additionally all events will include a graded championship with awards in each grade.

ACCOMMODATION—Limited Caravan/Camping sites are available at MISC and Geelong ranges please contact if required. Caravan Park, Motels and apartments are available close to both ranges. MISC. 03 97443748 valreg@bigpond.com Geelong Ph. 03 52484190

EQUIPMENT CONTROL—Will be at both venues for both venues' events.

TARGETS—MISC. All 50m events shot at MISC will be shot on Electronic Targets and the 10m Air Rifle is to be shot on single aiming mark paper targets.

GEELONG. All events at the Target Rifle Geelong range will be shot on TRV paper targets.

FOOD. Light refreshments available at both ranges.

ENTRY FORMS ON THE TRA WEBSITE. GET YOUR ENTRY IN EARLY—AVOID THE LAST MINUTE RUSH

So very pleasing to see all the new faces at the recent QLD State Championships. Entries were up on the past few years and the number of new faces was excellent to see. This was the first competition for many of the shooters who excelled themselves with their performances. PB was heard many times over the weekend. Excellent also to see the number of new Junior shooters.

Spectators once again enjoyed viewing match progress from the comfort of the club house.

In a repeat of the Qld Cup earlier in the year Robyn Sampson was placed 2nd ahead of John Patzwald in the 50m match. Robyn & John were level pegging all weekend and were only separated by a shoot-off in the final.

John was the winner of the Bench Rest Championship with a very fine 1197, followed by Ann Bruton from Charleville and Barry Hilzinger from West End. Conor Sandes and Frederyk Woodhouse, both from Commercial Club, showed excellent form in their first competition to place 1st & 2nd in the Junior competition with Braydon Elliott, Toowoomba, in 3rd Place.

Tamsyn Henry and Alyce Devlin separated Dane from the rest of the boys in the Air Rifle and Jamie Webb and Cliff Walker were runners-up to Dane in the 3x20.

Roy Muller was the winner of the Champion of Club Champions and Robyn Sampson the Ladies winner.

A big thanks to Annie, Maureen & Marg who kept us very well fed over the weekend and to all who helped over the weekend and at the working bee the previous Sunday.

Full results are available on the QLD website www.targetsports.org.au



Dane Sampson was rewarded for all his recent practice with a dominant performance. Dane was a convincing winner of three of the four championship titles contested - 50m Prone, 3x20 and Air Rifle. He also added a fourth trophy for Position Champion.



Jnr Champ Conor Sandes.... Jamie Webb & John Patzwald....

Robyn Sampson

Roy Muller



LAST BITZ.....

To the Competition coaches....did you get your accreditation card? It would seem that a couple of cards have gone astray. If you do not have yours yet, please contact Tricia Van Nus who will rectify that little challenge.

—— ooOOoo ——

For all AIR RIFLE SHOOTERSOn a Safety matter –

Air Rifle Shooters are reminded that you are not permitted to shoot with an Air Cylinder that is more than 10 years older than its manufacture date. This date can usually be found on the cylinder, if not please ask your coach or a more experienced shooter. This is what CAN happen!



—— ooOOoo ——

Did you know?.....At the recent World Championships in Munich there were several disqualifications. You might be interested to note that, as far as rifles go, the disqualifications were mainly by Air Rifle shooters as follows:

- 7.4.2.1.1 Butt plate offset left or right by more than 15mm, or rotated on horizontal.
- 7.4.2.7.G Curve of butt plate exceeded 20mm
- 7.4.2.2.1 Extra grip material must not be added to fore end, pistol grip or lower part of stock.
- 7.4.7.2 After re-inspection Jacket closure was out of range.
- 7.4.2.6 Rifle measurement table limits exceeded.

.....mmm time to get out the tape measure??????



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