



TARGET RIFLE AUSTRALIA LIMITED

ABN 29 143 527 851

National Sporting Organisation controlling Smallbore and Air Rifle shooting in Australia
Member Body of Target Rifle Australia Ltd
Member Body of World Rimfire and Air Rifle Benchrest Federation
Patron: Major General J.E. Barry AM MBE RFD ED (Retd)

Hot Weather Competition Guidelines

Rationale: Target Rifle Australia Ltd. (TRA Ltd.) recognises that:

- The organisation has a duty of care to its member organisations, affiliated clubs and members competing, participating and working in hot weather can potentially be hazardous to health.
- Heat illness includes dehydration, heat exhaustion and heat stroke, which is a potentially fatal condition.
- The company's member organisations, affiliated clubs and members need to be aware of the symptoms and treatments for these conditions, and take adequate precautions to minimise potential risks caused by excessive heat

In considering these guidelines, TRA Ltd is also mindful that events are mainly conducted under cover in a shaded and sheltered environment, and indeed some are conducted in air-conditioned premises.

Also it is recognised that, in general, the sport requires little strenuous physical activity as is required in other sports however, part of the normal clothing for some events in both summer and winter includes heavy coats and trousers, jumpers and boots.

Aim: These guidelines are to ensure a safe environment for members and visitors during hot weather and apply to facilities and venues under the management of TRA Ltd., its member organisations and affiliated clubs. These guidelines apply to all members, administrators, officials, coaches, players and visitors of TRA Ltd.

Guidelines: TRA Ltd. encourages

- Member Organisations to maintain up to date information on the immediate recognition and treatment of heat related illness.
- Competition organisers, and accredited officials and coaches to be aware of the signs, symptoms and treatment of heat related illness.
- Members / competitors to take water onto the firing point for easy access during their competition – especially in competitions where the competing time exceeds 1 hour and 15 minutes.
- Competition organisers, and accredited officials and coaches to ensure that adequate water supplies are available for all competitors on days of extreme heat.

and where a shooting range firing point does not have air conditioning installed:

- Competition organisers to consider either cancelling or altering event start times to earlier in the day to allow a finish time before 11.00a.m.; or later in the day to start after 6.00 p.m. if the temperature forecast by the Bureau of Meteorology (www.bom.gov.au) for the scheduled day of a competition is expected to be excessively hot.

Review: These guidelines will be reviewed on an as needed basis to ensure that they remain current and practical.