# **TRA NEWSLETTER**

**APRIL 2023** 



# TRA NATIONALS 2023 INSIDE THE ISSUE!

This is the third edition for the TRA newsletter in 2023. This edition will cover information on the 2023 TRA National Championships and much more.

If you have a story or any promotional material that you would like to include in future editions of the newsletter. Please contact Jack Rossiter at: jackross180@hotmail.com



TRA NATIONALS 2023 ONLINE COMPETITION SERIES 2023 CLUB CAPTURE - NORTH SYDNEY SMALLBORE & AIR RIFLE CLUB TRAINING EXERCISES

# **APRIL PRESIDENT'S REPORT**

Welcome everyone to the TRA April Newsletter.

Wow.. If you compare the production of the March newsletter to the February edition, what a marked development in the presentation. I have received a number of comments on it, and how well it has been received. Thank you Jack for the work you are putting in.

The 2023 TRA National Championships has come and gone. The attendance in Western Australia is always going to be lower than in the eastern part of the country. We had 73 shooters in total, with four from New Zealand, the McNair family and Team New Zealand, as well as Mari Lovseth from Norway and Eszter Juhasz from Finland. There were some exceptional performances, particularly in the air results obtained from Mari Lovseth shooting world class scores of 632.3 and 634.2 in the two air matches. Special mention also goes out to Kay Cotterell and Andrew Sevelj in becoming National Bench Champion and National Prone Champion respectively.

I want to thank Eley ammunition for their continued support and sponsorship of our Championships, providing us with Eley Tenex rimfire cartridges and air pellets for prizes.

I would also like to thank everyone who assisted in the conduct of the event, including Peter Robinson from NSW, and Sylvia and Morrie Muehlberg from South Australia who travelled to Perth to volunteer their time. Thank you very much.

There is an Australian team travelling to Baku, Azerbaijan in a few days to compete at the ISSF World Cup from the 8-15 May. The rifle team comprises Elise Collier, Alex Hoberg, Jack and Tori Rossiter, and Dane Sampson. We wish them the very best for a safe and successful trip.

At the recent Shooting Australia Grand Prix held in South Australia from the 21-23 April, both Jack in air rifle, and Dane in prone, shot the required qualifying scores for selection in those events to compete at the World Championships, also being held in Baku in August. These events go with their other events for which they have already been selected. The BISC Grand Prix from the 15-18 June is the final event that World Championship selection can be achieved.

Finally, the TRA Annual General Meeting and members forum is coming up on the 13 May. A full summary of both will be distributed to each member body of TRA following the meeting and made available to everyone so you can see what your state, and everyone other state is doing.

David Wright



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# **ONLINE COMPETITION SERIES**

### Top scores for Round 3

- <u>10m AR Electronic</u> Jack Rossiter <u>629.7</u>
- 10m AR SH2 Electronic Trevor Ward 613.6
- 10m AR Paper Andrew Lawler 542.0
- <u>10m Supported AR Electronic</u> Tony Adams
   <u>624.7</u>
- <u>10m Supported AR Paper</u> Dennis Ramsay
   <u>579.27</u>
- 20m Benchrest Adrian La Macchia 200.17
- <u>20m Prone</u> Robert Eckel <u>197.12</u>
- <u>25m RBA Light Varmint</u> Annette Rowe <u>718.16</u>
- <u>50m 3 Position</u> Jadelyn Young <u>541</u>
- <u>50m Benchrest Electronic</u> Dean Romanoff
   <u>634.2</u>
- <u>50m Benchrest Paper</u> Michael Mercieca
   <u>600.55</u>
- 50m Prone Electronic Dane Sampson 621.3
- 50m Prone Paper Robert Eckel 586.29
- 50m RBA Heavy Varmint Roy Muller 744.36
- <u>Vision Impaired AR Prone</u> Peter Holzigal
   <u>556.50</u>
- <u>Vision Impaired AR Standing</u> Alana Tiller 494.2
- <u>Vision Impaired AR Supported</u> Sarah Plunkett <u>543.20</u>

This month saw some excellent scores across all of the events in our online competition series. We urge everybody to check out the scores online at tra.org.au. There you can find state team and some very impressive junior results from round 3. Congratulations to everybody and good luck for next month!







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# TRA NATIONALS 20232023 CHAMPIONS

Whiteman Park (WA) hosted the 2023 TRA National Championships. This event was run over 7 days of competitions ranging from 10m to 90m. This is TRA's biggest event of the year and the outstanding performance showed.

Our open event national champions are:

- <u>Andrew Sevelj</u> (SA) Bill Eddy Aggregate, Benchrest Dual Range Aggregate, and Jim Smith
- <u>Maureen Edwards</u> (WA) 50m Benchrest Aggregate
- Adrian La Macchia (WA) F-Class Open
- Mari Loevseth (NOR) Air Rifle Open
- Dane Sampson (QLD) 50m Prone and 50m 3p
- <u>Anton Zappelli</u> (WA) 10m AR Prone WSPS and 50m Prone WSPS
- Jack Rossiter (SA) ISSF 10m Air Rifle
- <u>Team Western Australia</u> (Maureen Edwards, Peter Oliver & Keiton Puzey) 50m Benchrest Teams

The stand-out shooter of the 2023 TRA National Championships was without a doubt SA's Andrew Sevelj. Andrew competed in all of the smallbore events and won three national titles with the Bill Eddy, dual range Benchrest, and the Jim Smith match. This was the first time someone has won all of these titles in the same national championship.





West Australian Smallbore Rifle Association Inc

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# TRA NATIONALS 2023 EVENT SUMMARY



West Australian Smallbore Rifle Association Inc

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#### <u>Day 1</u>

The 2023 TRA National Championships kicked off on the 50m range with *ISSF 50m Rifle 3 Positions*. Despite the difficult conditions the scores were tight in the top 3 after qualifications with only 1 point between them. Ultimately Dane Sampson clinched the title after dominating the final.

#### <u>Day 2</u>

Back on the 50m range Anton Zappelli won the *WSPS* 50m Prone event. Today was the first day of the air rifle events with *ISSF Air RIfle*. Mari Loevseth from Norway led the field after qualification with an impressive 632.3. The final and title of ISSF Air Rifle Champion was given to SA's Jack Rossiter.

#### <u>Day 3</u>

The 50m range was packed with *50m Prone*. with the tricky conditions QLD's Dane Sampson came out on top again with 617.4. Mari Loevseth won the women's event and another one of our internationals Stephanie McNair from NZ won the junior event *WSPS AR Prone* was won by WA's hometown hero Anton Zappelli. Back in the 10m range Norway's Mari Loevseth dominated the competition with an amazing 634.2 winning the open and women's categories for the *Open Air Rifle Match*. SA's Jack Rossiter won the men's event.

#### <u>Day 4</u>

Back on the 50m Range day 4 saw the first days of the *Jim Smith* and the *50m Benchrest Championships*. In the Jim Smith event day 1 was topped by SA's Andrew Sevelj with 614.3 with less than 4 points between the top 4. Despite the conditions we saw some excellent scores for the first day of the 50m Benchrest Championship, Maureen Edwards lead the field with 629.9 and WA had a hold on the top 5 positions. We also saw the F-Class demonstration match which had a great turnout and was won by Adrian La Macchia from WA, closely followed by Keiton Puzey.





THANK YOU!

A special mention to all of our volunteers that are becoming harder to find in current times. Without your dedication to helping the sport we wouldn't have been able to hold such an incredible event.



# *TRA NATIONALS 2023 EVENT SUMMARY*







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The second day of the Jim Smith was shown to be more difficult than the first but Andrew Sevelj top scored by over 4 points which was more than enough to clinch the aggregate championship with a 7.9 lead over Stephanie McNair and David Wright in third. Maureen Edwards showed an excellent display of her skill and consistency shooting 629.4 on day 2, clinching the 50m Benchrest Championship by 3.6 points over Peter Oliver with Barry Cowburn finishing third.

#### <u>Day 6</u>

We saw the start of the Bill Eddy match which consists of 20m prone on the first day followed by 90m prone on the second day. On the first day Andrew Sevelj lead the way with an amazing 599 with the 9 being the first shot of the match! In the 20m Benchrest we saw a clean 600 with 28x from Peter Oliver winning him the 20m Benchrest title for 2023.

#### Day 7

The second 90m portion of the Bill Eddy was topped by David Wright of NSW extending his list of accomplishments during this nationals with a 579 10x. Andrew Sevelj had 576 4x which was enough to clinch the overall Bill Eddy Championship with 1175 47x only one point ahead of David Wright with 1174 38x which is about as close as it gets! Stephanie McNair continued her successful event finishing third overall.

In the 90m Benchrest Kay Cotterell finished first with an impressive 594. Only one point behind was the man of many talents, Andrew Sevelj with 593. This was enough for Andrew Sevelj to do it twice in one day and finish first in the Dual Range Benchrest Championship with 1189, again only one point ahead of Kay Cotterell with 1188. Mark Cresp was another one point behind with 1187. Just when you thought it couldn't get any closer over two days after prone the benchrest competitors showed just how high the level of competition was.



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# **CLUB CAPTURE - NORTH SYDNEY** SMALLBORE & AIR RIFLE CLUB



#### History of the club:

When NSSBARC began operating on the current site 63 years ago, they used an old Army hut as the Clubhouse. This had a veranda down one side to provide a covered firing point. There were 15 paper targets at 50 metres, and a brick extension provided a comfortable Clubhouse and secure armoury storage.

Unfortunately, a wind storm demolished the veranda, but this meant that the facility had ample insurance when it burnt down, late 2007. It took around 12 months and the dedication of a core group of club members to re-open the clubhouse. This rebuild was also supported by students, parents and Shore School. They played an important role in getting the Club back on its feet and we have a strong relationship with them to this date.

In 2008, a dedicated group of members, led by David Hollister began to convert the range over to electronic targets. All 15 targets are now electronic, which has improved safety and allowed a greater number of shooters to compete. To recognise this leadership the firing point was dedicated to David Hollister, in 2019.

In 2020 several members began the introduction of ISSF 10m Air Rifle for both standing and supported. The initial steps of this involve shooting onto the open range whilst we explore avenues to securing a 'compliant' indoor range in the near future.

By continually adapting to the needs of the surrounding community, and steadily changing firearms perceptions North Sydney Small Bore and Air Rifle Club looks forward to a bright, competitive future.



#### Where are we now?

We currently have about 105 members. The club has always fostered a progressive approach throughout its history, and are always looking at ways to improve the club and offer more to the club members.

#### Club nights:

•Sunday morning 9 am until midday •Tuesday night 6.45 until 9 pm •Friday morning 9 am until no later than midday •Friday night 6.45 until 9 pm. One Sunday a month we shoot air rifle metallic silhouette

from 1pm until about 3.30 pm.

#### Junior & senior programs:

Try shooting any Tuesday or Friday night (when booked in advance)

Scouts – We routinely run scout sessions to teach firearms safety whilst introducing kids to the basics of shooting.

Two Schools (Shore and Knox) use our range as part of their school programs. The foundation of their shooting programs is the smallbore range.

We are in the process of re-establishing coaching programs for club members at various levels of skill.





# **CLUB CAPTURE - NORTH SYDNEY** SMALLBORE & AIR RIFLE CLUB



#### Club competitions & events:

We host an annual open prize meeting which currently includes prone and benchrest.

#### International competitions:

We have a club graded competition which runs for most of the year where members can lodge their 20 shot scores anytime they shoot them (usually not under match conditions). The best 10 of these for the year are tallied for each member and prizes awarded in all grades for 10m air rifle, prone, open benchrest sporter benchrest and F class.

Last year we introduced the open club championship competition which is shot under full match conditions (60 shot). We time most of these to coincide with the TRA online competition dates. There are 8 rounds of which the best 5 count towards your total score.

Several of our members travel widely to prize meetings, state and national titles.





#### Plans looking forward to the future:

10m air rifle is rapidly increasing in popularity within the club amongst existing members and we see it as a good way into the sport for juniors. We are about to put together some stands for supported air which we believe will really take off amongst the older members. We would dearly love to have a proper air facility and are working towards achieving this. Currently we basically shoot it outdoors on the small bore range!

#### How to get in contact:

There is plenty of information on the club website: https://northsydneysmallbore.org.au/

The best way to contact the club for further information and bookings would be via the club email address:

enquiries@northsydneysmallbore.org.au

We would be happy to hear from new and established shooters who are looking for a welcoming environment with a competitive nature.



# *TRAINING EXERCISES!* - *SKILL TESTER*



This is a training exercise you can do by yourself on the range or run as a coach with a group of shooters. It is also appropriate for all disciplines, it's a very adjustable exercise!

- Firstly, pick a skill you want to promote (e.g., follow-through, breathing or triggering) and set your standard before you begin (e.g., "I want to follow-through for 3 seconds after every shot" or "I want to add an extra breath to the start of my process").
- Everyone starts with 10 pellets or bullets.
- If they complete the skill to their predetermined standard, they receive + 1 pellet or bullet.
- If they don't complete it to their standard, they lose 1 pellet or bullet.

<u>Individual Training:</u> Record how many shots you can shoot before you run out of shots. Try to beat that score next time.

<u>Group Training:</u> Shooter with the highest score (or most shots) wins.

This exercise helps with re-prioritizing technical work over a score on the target. If you are achieving +1 every shot, you should look at making your standards higher or pick a skill you are weaker at.



If you have any questions about this exercise or want some more exercises, email: coaching@targetriflesa.com



# *COMPETITION CALENDAR MAY 2023*



1 May - 14 July	Shepparton Postal Competition
6 May	• Warren Potent Round 1
6 - 7 May	<ul> <li>Springwood Prize meeting 2023 (NSW)</li> <li>NSW RBA Titles 2023</li> <li>Benchrest Triple Crown Event (VIC)</li> </ul>
7 May	Adelaide RBA Competition (SA)
11 May	• QLD RBA Championships (QLD)
20 May	<ul> <li>East Marden Club Open 2023 and Benchrest Series event (SA)</li> <li>Kalamunda 50 (WA)</li> </ul>
20-21 May	<ul> <li>NSW Dual Range State Championships 2023</li> <li>MISC Anniversary Shoot (VIC)</li> </ul>
21 May	• 5th Round Ansett/Winch. H'Cap (TAS)
26 May	<ul> <li>Merv Friend Shield &amp; John Logan Cup - Round 3 (VIC)</li> </ul>
27 May	• Super ISSF Saturday – May 27th 2023 (SA)
28 May	• Coaching Clinic (TR/Benchrest) (QLD)