

TRA NEWSLETTER

MAY 2023



BAKU ISSF WORLD CUP 2023

This is the fourth edition for the TRA newsletter in 2023. This edition will cover information on the 2023 ISSF World Cup Baku, the online competition series and much more

If you have a story or any promotional material that you would like to include in future editions of the newsletter. Please contact Jack Rossiter at: jackross180@hotmail.com



INSIDE THE ISSUE!

2023 WSPS WORLD CUP CHANGWON, KOREA

ONLINE COMPETITION SERIES 2023

CLUB CAPTURE

GENERATION NEXT

MAY PRESIDENT'S REPORT



May President's Report

Welcome everyone to the TRA May newsletter.

On the eve of Annual General Meeting, Rod Sampson announced his retirement from the Board of Target Rifle Australia, after 41 years of service. Rod came into the management group of Australian Smallbore in 1982 as treasurer, spending his first 10 years in that role before moving to Deputy Chair of the organisation. Rod has been on and off the board a number of times over the years, most often looking after the financial affairs as treasurer, but also having been President of Target Rifle Australia from 2014-2017. I want to thank Rod for his service to Australian Target Shooting in an administrative capacity for what is an incredibly long time. Rod breathes the sport. He has devoted himself to the ongoing conduct of the sport through his management roles, but also from his position as an ISSF A Judge, helping in the running of international shooting events, including ISSF World Cups, Commonwealth Games, WSPS World Championships and Oceania Games. Not to mention all the domestic championships he has donated his time to, including National Championships, Shooting Australia Cup and Grand Prix events, State Championships and many more. I'm sure I speak for you all in thanking Rod for his contribution to our sport, and wish him well in his retirement from the board management.

For a period now, with the state bodies, TRA has been reviewing and writing a new short term strategic plan. At the AGM there was discussion during the member's forum regarding the writing of a long term strategic plan to take us beyond the 2032 Brisbane Olympics. Amongst a host of items to be developed will be succession planning and future proofing the Australian landscape with essential personnel, such as identifying coaches, range officers and officials, administrators, and developing new ISSF judges, and more.

World records have been falling in both the men's and women's events. In Azerbaijan at the World Cup in May, Chinese shooter Lihao SHENG in the 10m Men's Air Rifle, shot a new World Record of 637.9. This surpassed the previous record of 636.2 of Zalan PEKLER, shot a couple of hours earlier at the same championships. In the Women's 3p, Seonaid McIntosh, Great Britain, shot a new finals record of 467.0. In the GP of Liberation, Plzen, Jiri Privratsky of the Czech Republic shot 598/600 in the Men's 3p. This result won't be given WR status, but it is definitely worth recognising!

TRA were represented in Azerbaijan in Air Rifle by Elise Collier 624.3, Torri Rossiter 618.9, Jack Rossiter 629.4, Alex Hoberg 626.2, and Dane Sampson 625.5. AR Teams were Elise and Dane 623.7, and Torri and Jack 610.0. Jack and Dane also shot the 3p event scoring 577 and 575 respectively.

I wish to apologise to Nightforce Optics for omitting to mention them in the April newsletter while addressing the TRA National Championships in Perth. Nightforce Optics through a local agent graciously donated an 8-32x56 that was a raffle prize drawn during the Saturday night social dinner, and won by West Australian benchrest shooter Andy Toth. See photo's elsewhere in the newsletter.

David Wright

NIGHTFORCE OPTICS



BAKU WORLD CUP 2023

TEAM AUSTRALIA



Left to right - Dane Sampson QLD, Elise Collier VIC, Petr Kurka COACH TEAM AUS. AUS 1 mixed team

The ISSF Baku World Cup in 2023 saw some incredible results particularly in the air rifle events. The rifle competitions started with the 10m AR Mixed team which saw our two teams, Australia 2 (Elise Collier (VIC) & Dane Sampson (QLD)) and Australia 1 (Victoria Rossiter (SA) & Jack Rossiter (SA)) competing amongst the field. Our teams produced solid results with Australia 2 placing 45/72 with 623.7.

The next event was the 10m Air Rifle men which saw our men's team place 17th (Jack Rossiter 629.4), 43rd (Alex Hoberg 626.2), and 51st (Dane Sampson 625.5). This event saw two consecutive world records of 636.1 and 637.9.

Our women's air rifle team placed 88th (Elise Collier 624.3) and 126th (Victoria Rossiter 618.9). There was an incredible 15 athletes that shot over 630 in the women's event.

Both of our men made it past the elimination in the 3 positions event. The tricky conditions made it a difficult competition with Dane Sampson placing 48th with 577 and Jack Rossiter placing 50th with 575. The top score in the 3x20 was 590 with the cut off for the final (8th place) being 587

It was great to go to a competition with so many countries & athletes shooting in each discipline. The results, especially the air rifle scores, showed everyone's growth and abilities post-COVID. Having the opportunity to be in Baku within this environment was an amazing experience.

Victoria Rossiter (SA)



2023 WSPS WORLD CUP CHANGWON

TEAM AUSTRALIA

TRA had two athletes that competed in the 2023 WSPS World Cup Changwon in Korea last month. There were some excellent scores as it was a high level competition with athletes competing from across the world.

Our athletes Natalie Smith (QLD) and Anton Zappelli (WA) showed that they are able to compete on the international level. Anton Zappelli made it to the final in the R3 with a mega qualification score of 632.6 qualifying him in 7th place. Natalie Smith was within points of the final in both of her competitions (R2 & R8) showing a consistent performance over the event.

Natalie Smith

- 10th in the R2 Women's 10m Air Rifle Standing SH1 with 616.4.
- 10th in the R8 Women's 50m Rifle 3 Positions SH1 with 1143

Anton Zappelli

- 8th in the R3 Mixed 10m Air Rifle Prone SH1 with 632.6 in the qualification and 124.2 in the final.
- 22nd in the R6 Mixed 50m Rifle Prone SH1 with 609.6



Photos: Shooting Australia

CONGRATULATIONS!



ONLINE COMPETITION SERIES



Top scores for Round 4

- [10m AR Electronic](#) - Olivia Cartwright [621.9](#)
- [10m AR SH2 Electronic](#) - Trevor Ward [609.3](#)
- [10m Supported AR Electronic](#) - Tony Adams [623.9](#)
- [10m Supported AR Paper](#) - Dennis Ramsay [562.23](#)
- [20m Benchrest](#) - Brian Kent-Hughes [200.07](#)
- [20m Prone](#) - Robert Eckel [198.06](#)
- [25m RBA Light Varmint](#) - Dennis Peacock [734.24](#)
- [50m 3 Position](#) - Dane Sampson [584](#)
- [50m Benchrest Electronic](#) - Graham Capper [635.2](#)
- [50m Benchrest Paper](#) - Michael Mercieca [600.52](#)
- [50m Prone Electronic](#) - Michael Davis [616.8](#)
- [50m RBA Heavy Varmint](#) - Jaegen Peet [743.39](#)
- [Vision Impaired AR Standing](#) - Alana Tiller [475.9](#)
- [Vision Impaired AR Supported](#) - Steven Fox [558.6](#)

This month saw some excellent scores across our events in the online competition series. We urge everybody to check out the scores online at tra.org.au. There you can find state team and some very impressive junior results from round 4. Congratulations to everybody and good luck for next month!



NSW RBA STATE TITLES

HEAVY VARMINT



Photo: Bill Collaros

NSW RBA WEST WYALONG

This is surprisingly large range for a Country Town. Catering for 25m Air, 10m Air, 50m & 90 m Rimfire.

The club house is large and fully equipped to handle most events as is the wonderful town and surrounds.

We had shooters from all over NSW and also a few from South Australia, there was plenty of wind as the scores reflect that but the winners in each class seemed to control their shots, even when at times we got hit by 30km gusts from all angles accompanied by rain.

Thanks goes to the Club Members who ran a flawless event with a special mention to Glenn Seaman who directed everyone and came up with the idea to host.

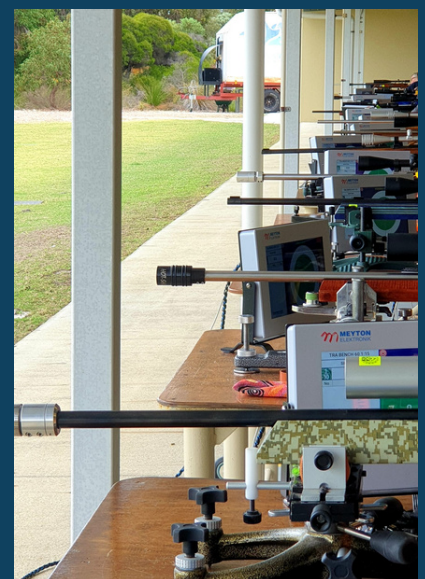
HV					
Place	Name	A	B	C	TOTAL
1	Brian Mitchell	242.009	246.009	245.013	733.031
2	Kurt Strassmeir	247.009	245.009	241.008	733.026
3	Glenn Seaman	245.006	245.007	242.008	732.021
4	David Keen	242.011	242.009	245.012	729.032
5	Kristan Leck	240.007	245.008	243.007	728.022
6	Janette Mitchell	245.012	244.006	237.007	726.025
7	Geoff Knight	239.006	243.009	243.009	725.024
8	Darren Newton	244.010	244.007	237.005	725.022
9	Bill Collaros	244.009	244.008	236.007	724.024
10	David Jenkins	239.008	244.008	240.009	723.025
11	Brett Delaney	237.004	243.008	241.005	721.017
12	Mark Cresp	239.006	245.010	235.004	719.020
13	Cathy Taylor	243.006	239.005	235.004	717.015
14	Kylie Watts	240.008	245.009	230.003	715.020
15	Paul Taylor	238.005	242.004	235.007	715.016
16	Jason Robbs	238.006	240.009	236.008	714.023
17	Danae Jenkins	238.004	241.006	229.005	708.015
18	Charlie Watts	242.010	243.011	217.008	702.029
19	Robert Robertson	247.010	247.013	200.010	694.033
20	Nathan Goodridge	231.001	220.004	224.005	675.010
21	Max Kerr	202.001	203.001	166.002	571.004

NSW RBA STATE TITLES

SPORTER & LV AIR

Sporter					
Place	Name	A	B	C	TOTAL
1	Glenn Seaman	248.017	250.013	243.009	741.039
2	David Jenkins	246.009	247.011	248.010	741.030
3	Geoff Knight	248.011	250.017	242.010	740.038
4	Robert Robertson	247.009	247.011	246.012	740.032
5	Brian Mitchell	246.010	246.007	245.006	737.023
6	David Keen	243.012	246.007	247.015	736.034
7	Jason Robbs	241.008	249.013	241.007	731.028
8	Danae Jenkins	247.012	241.008	237.006	725.026
9	Mark Cresp	243.009	242.009	240.007	725.025
10	Darren Newton	238.007	244.012	239.008	721.027
11	Bill Collaros	243.008	236.006	241.006	720.020
12	Kurt Strassmeir	229.004	244.009	242.010	715.023
13	Brett Delaney	233.003	239.006	241.005	713.014
14	Kristan Leck	232.006	223.002	229.004	684.012
15	Janette Mitchell	142.000	241.006	242.011	625.017

LV Air					
Place	Name	A	B	C	TOTAL
1	David Keen	243.007	242.008	248.013	733.028
2	Glenn Seaman	243.003	242.007	248.008	733.018
3	Brett Delaney	238.007	243.005	238.006	719.018
4	Mark Cresp	243.005	234.005	240.013	717.023
5	Kurt Strassmeir	237.004	240.010	240.007	717.021
6	Kristan Leck	235.003	240.008	233.004	708.015



CLUB CAPTURE - BELMONT JUNIOR AIR RIFLE CLUB

You might well ask, "Who is BJARC?" Well, the Belmont Junior Air Rifle Club (BJARC) is a small group of committed young athletes supported by local volunteer coaches. We provide a safe space for young people to try the sport of 10m Air Rifle, we help them understand the sport, set personal goals and develop their skills and provide them with a pathway to achieve success.

We started out small and were encouraged by Carrie Quigley to 'just have a go at setting up a club and see where it takes us.' That was in 2018. We started off with a handful of kids that we had 'dragged along' From that five or so interested kids that obliged us in turning up we now have a membership of 19 athletes training on a weekly basis. Some members have been with us for a few years now and train twice a week and choose to attend camps here in Queensland and travel to South Australia to join other young athletes at the national camp. Fast forward to 2020...

BJARC has been nominated. In what? The Shooting Australia's Awards of Excellence. No, wait... BJARC is a finalist! What? No, hang on... BJARC has won the Community Award category of 'Club of the Year'. Really? We did that! Wow – this is a little surreal! Going forward from what seemed to be a whirlwind start and a steep learning curve, one could say that being recognised by Shooting Australia for 'Club of the Year' gave our members and volunteers a boost to push through the trying times of Covid and the ongoing lockdowns in Queensland.



**Belmont Junior
Air Rifle Club**

The success of BJARC is truly a community effort. The Brisbane International Shooting Centre (BISC) and Queensland Target Sports (QTS) members are highly supportive of our mission. Our club runs purely on volunteer coaches and committee members. The parents and the children are what make the club, we are merely there to facilitate the learning and the fun. We take every opportunity to celebrate the children's achievements.

CLUB CAPTURE - BELMONT JUNIOR AIR RIFLE CLUB

2022 /2023 has seen BJARC step up to another level of commitment and development of young athletes. Coaches, committee members, and parents have all played their part in maintaining momentum. Parents are becoming more involved and learning the ropes of being a range officer, taking on administrative roles and taking up beginner coaching courses. Several initiatives from our state and national coaches have seen regular collaboration and opportunities for our members to grow within their chosen roles. These opportunities are what makes BJARC a strong club, a club with the support of many (especially our state governing body), a club that will continue to serve the shooting community for many years to come.



James and Emily Cane being presented certificates from Jamie Webb QTS president



Covid times – every second bay



An intense game of Snakes and Portals taking place. This game was taught to at the Adelaide camp and the kids love it! Teaches focus in times of distractions.

GENERATION NEXT JUNIOR SNAPSHOT



Junior Development is quickly becoming a huge priority for State Associations, and rightly so. Juniors are the future of our membership and with the Olympic Games coming to Brisbane in 2032, we should all be thinking about how to support and develop the athletes that will represent us on our home soil.

Target Rifle South Australia have created a space to nurture the youth in our sport through the "Junior Club" model, reaching anyone from ages 10-21 that takes an interest in Rifle Shooting (Socially or with High Performance ideals). The Junior Club supports the juniors with coaching, equipment, and regular competition/camp opportunities. It is a solid foundation and amazing culture to be apart of. The Junior clubs provide a clear pathway into ISSF disciplines, but more importantly they provide access to all of the disciplines, providing a 'Sport for life'.



Queensland Target Sports have followed TRSA's lead with their own Junior Club and small groups have also started popping up in Victoria and NSW. These are amazing signs and can be credited in the improvement of their State's juniors, they are shooting better scores, quicker in their development then ever before.

If you're a club wanting to start a Junior Club, don't hesitate, get started now!

- Emma Adams, SA State development coach

The online competition series has shown a great improvement in our junior shooters since the start of the season.

June is the first selection match for the 2023 Oceania Championships later this year and some of our juniors are in good form to qualify for the A team in air rifle & 3p events,

**GOOD
LUCK!**



TRAINING EXERCISES

-CALLING YOUR SHOTS



Follow-through is the 2-3 seconds after you pull the trigger, the idea is to stay still in position during this time to:

- Register the recoil and it's direction (or lack thereof).
- Allow the shot time to leave the barrel.
- Scan the body to feel for mistakes in triggering, balance, hold or aiming (that might explain a misplaced shot).
- Call the direction and value of the shot.

This training exercise is a great to reinforce why Follow-through is so important.

Sight in your rifle before starting this exercise.

Determine how many shots you want to shoot for the exercise. Then take the ability to see the score away (cover the screen for electronic targets, leave the target out or get someone else to change it for you).

Call the shots by reviewing your follow-through and focusing on your shot process. Then after each shot, without looking at the score, give yourself a score and direction (be as precise). Write it down.



After you have finished shooting, reveal the target, and compare the score you have given yourself versus the score you've shot.

If the results are very different to each other, it is safe to say you may need to spend more time working on this. You determine the score based on your actions while shooting, so you should be able to see your successes and your mistakes clear as day. Try this regularly to see if you can improve both your sense of understanding and get the scores as close as possible!

Happy Training



If you have any questions about this exercise or want some more exercises, email: coaching@targetriflesa.com

COMPETITION CALENDAR

JUNE 2023



1-9 June	<ul style="list-style-type: none">• ISSF Junior World Cup, Suhl Germany
3 June	<ul style="list-style-type: none">• Warren Potent Rund 2 (VIC)• Subiaco Open Shoot (WA)
4 June	<ul style="list-style-type: none">• NSW Enduro (NSW)• Adelaide Club RBA Competition (SA)
9-11 June	<ul style="list-style-type: none">• North West Victorian Championship (VIC)
10 June	<ul style="list-style-type: none">• TRA Online Match Round 5
12 June - September	<ul style="list-style-type: none">• 20m Prone pennant
15-18 June	<ul style="list-style-type: none">• BISC Grand Prix (QLD)
16 June	<ul style="list-style-type: none">• Merv Friend Shield & John Logan Cup - Round 4 (VIC)
18 June	<ul style="list-style-type: none">• Post Tels Open (WA)
24 June	<ul style="list-style-type: none">• TRA Online Match Round 5• Super ISSF Saturday (SA)