TRAP NEWSLETTER OCTOBER 2023



AUSTRALIAN MASTERS GAMES 2023

This is the seventh edition for the TRA newsletter in 2023. This edition will cover information on the recent Australian Masters Games 2023, NSW & QLD State Championships and what's coming up for the rest of the year.

If you have a story or any promotional material that you would like to include in future editions of the newsletter. Please contact Jack Rossiter at: jackross180@hotmail.com

INSIDE THE ISSUE!

MASTERS GAMES 2023

ONLINE COMPETITION SERIES 2023

QUEENSLAND STATE CHAMPS CLUB CAPTURE

MANIC MONTH NOVEMBER 2023



1st November, 2023

November will be one of the biggest months of the calendar for Target Rifle Australia. Starting the month off we have the Oceania Championships being held from the 30th October to 6th November in Brisbane at BISC.

We have 17 athletes competing across 11 teams where we will compete for a maximum of 4 quota places for the 2024 Olympics in Paris.

The qualification system has changed for this cycle. MQS has now been replaced with Qualification Ranking for Olympic Games (QROG). Along with having a quota spot, every athlete wishing to attend the games will need to have QROG points which can be obtained during the competition period from 14th August 2022 to 9th June 2023. The competitions in which these are allocated are ISSF competitions which can be found on the website.

The 2023 TRA RBA Nationals is also happening next month in New South Wales. The event will be run at Sydney International Shooting Centre (SISC) from Thursday 9th November until Sunday 12th November 2023. This is TRA's biggest RBA event of the year so make sure you don't miss out!

Keep up to date on tra.org.au and the social media pages!





AUSTRALIAN MASTERS GAMES 2023 ADELAIDE

The Australian Masters Games 2023 took place in Adelaide at the Target Rifle SA State range, Wingfield. This competition is for participants over the age of 30 and is separated into three different age groups.

AMG 2023 winners:

10m ISSF Air Rifle - Sean Finn (30-60)

20m Prone - Robin Fleming (30-60) - Robert Scott (61-75)

50m Prone - Robert Fleming (30-60) - Peter Eyers (61-75)

Supported Air - Christos Karamoshos (30-60) - Brett Jones (61-75) - Tony Adams (76+)

20m Benchrest Class 3 - Kristan Leck (30-60) - Frank Watson (61-75)

- Peter Clarke (76+)

20m Benchrest Class 2 - Christos Karamoshos (30-60) - Peter Clarke (76+)

20m Benchrest Class 1 - Christos Karamoshos (30-60) - Robert Walter (61-75) - Wayne Bunker (76+)



1st November, 2023

QUENNSLAND STATE CHAMPS 2023



The competition weekend started off on Friday with the 50m 3 position open event. The top score in qualifying was Jack Rossiter (SA) with 573 closely followed by James Cane (QLD) with 572.

Jack Rossiter finished first in the final with 459.2 followed by Queensland's juniors Savanna Stey and James Cane. The junior title was won by James Cane.

Saturday started off with the 10m Air Rifle Open which was won by Jack Rossiter (SA) with 628.6 followed by Glen McMurtrie (BRI) with 616.7 and Trevor Ward (COM) with 615.7. The junior competition was won by James Cane (QLD) with 612.7, followed by Charlotte Bland (SA) with 611.7 and Olivia Cartwright (VIC) with 610.6.

The IOm Air Rifle Mixed Team was won by Samantha Newell (SA) & Jack Rossiter (SA) from Reynella club. Second place went to Angie Wang (SA) & Savanna Stey (QLD). Charlotte Bland (SA) & Darcee Young (VIC) won the bronze medal match ahead of Matilda Eylander (SA) & Lucas Li (QLD).

The WSPS Air Rifle Prone event was won by Scottie Brydon (COM) with 632.0, Natalie Smith (PAR) was second with 623.7 and Glen McMurtrie (BRI) was third with 614.0.



QUENNSLAND STATE CHAMPS 2023

This weekend offered a challenge for all shooters in the 50m events. The 50m Prone event was split over two days of competition, Jack Rossiter was in the lead after the first day with a 612.2 closely followed by Steve Zunker (BSK) with 609.0 and Jim Brown (NSW) with 603.0. Jack Rossiter lead the way on day 2 of qualification with 616.1 followed by Steve Zunker with 609.7 and Olivia Cartwright with 603.0.

The top 8 shooters from the two days qualified for the final which was ultimately won by Scottie Brydon with 243.8 ahead of Shane Bland (SA) with 241.8 and Steve Zunker with 219.3.

The Prone junior event was won by Olivia Cartwright followed by Emily Cane (BRI) and Matilda Eylander (SA).





The 50m Benchrest was also split into two days of competiton with Ross Zunker (BSK) with 624.5 leading after day 1, followed by Leon Lindley (COM) with 622.6 and Phil martin (COM) with 621.9.

Ross Zunker won the overall qualification with 1242.5 ahead of Phil Martin in second and Leon Lindley in third. The final was won by Phil Martin with 253.1 ahead of Ross Zunker and Leon Lindley.





W.S.A.R.A.I

Vol.7

NSWARAI STATE CHAMPS 2023

The 50m and 10m championships were held on the 23 & 24 September 2023.

The first match 3 x 20 Three Position was held on Saturday morning. This competition was won by Robyn Riddley with Jadelyn Young in second place.

The Air Rifle competitions were held on Saturday afternoon.

The standard air rifle was won by Jadelyn Young with Lee Mallitt in second place. Supported air rifle went to Rick Towers from Dennis Claxton.

R5 was won by Michael Bennett from Nathan Goodridge.

Vision impaired went to Bronwyn Drew and SH1 Prone air rifle to Scott Braydon.

On Sunday it was 50m Prone & Bench Rest.

Prone was won by Susannah Smith with 617.0 from David Clifton 612.0 & David Wright 610.4.

The highest junior was Jadelyn Young 601.3.

Bench rest went to Peter Armstrong 634.1 from Darren Newton 632.8 and Geoffery Ryan 629.1.

The highest junior was Charlie Watts 626.4.





ONLINE COMPETITION SERIES ROUND 9



Top scores for Round 9

10m AR Electronic - Jack Rossiter <u>630.5</u>
10m AR SH2 Electronic - Trevor Ward <u>611.3</u>
10m Supported AR Electronic - Julie Cane <u>621.7</u>
20m Benchrest - Chris Karamoshos & Henry Lieng <u>200.20</u>
20m Prone - Stacey Rusic <u>194.06</u>
50m 3 Position - Olivia Cartwright <u>566</u>
50m Benchrest Electronic - Dean Romanoff <u>637.0</u>
50m Benchrest Paper - Andrew Frick <u>600.58</u>
50m Prone Electronic - Dane Sampson <u>617.2</u>
50m RBA Heavy Varmint - Annette Rowe <u>746.33</u>
Vision Impaired AR Prone - Alana Tiller <u>567.00</u>
Vision Impaired AR Standing - Alana Tiller <u>509.50</u>
Vision Impaired AR Supported - Bronwyn Drew <u>581.50</u>





<mark>CLUB GAPTURE</mark> PARAMOUNT (QLD)

Paramount Targetsports was founded in 1971 as an off shoot of Anglican Church Grammar School's rifle program.

We are based out to the Jim Smith range at Belmont and have had many club members represent Australia over the years at State, National and even International events, including the Olympics.







Our club nights are on Friday's and we try to maintain a very social atmosphere. Most of our members are either shooting prone or air rifle, with the occasional ambitious 3P shooter. To encourage participation in the club, we run a club championship over a few months with handicap scoring to keep everyone in the running. This means that no matter what skill level members are at, they have an equal chance to compete together. We also specialise in large group bookings for come and annual events such as company Christmas parties and Boys Brigade shoots.



CLUB GAPTURE PARAMOUNT (QLD)

Since our inception, Paramount has always fostered junior talent and have had many junior shooters compete nationally and internationally. We also have an active coaching system to help our members at all levels improve their skills and achieve their goals.

Our main club events for the year are the Bill Campbell Memorial Shoot, run before the Nationals, and Oktoberfest which we hold around Sept/Oct. The Bill Campbell Shoot has a themed dinner for the night, and dressing up is very much encouraged with prizes for best dressed! In Olympic years, the theme is the host country, so for 2024, we will have a French themed dinner, berets and baguettes abound.

Not to mention our Oktoberfest Shoot which has been going strong since 2012, around the same time we started running auflage (supported) air rifle matches.

Both of our events are as much about the socializing as they are about the shooting. We like to make sure that our past shooting members and families have a great time at the range.

Paramount plans to keep fostering and supporting those shooters that want to compete at the highest level, while also providing a great place for everyone to have fun and keep shooting!

How people can get in contact. Paramount.org.au and secretary@paramount.org.a







COACHING CORNER JUNIOR CAMPS

Leading up to the Queensland State Championships, we ran a Junior Development Camp with 15 juniors from Queensland, South Australia, Victoria and New South Wales. The purpose of the camp was to bring Junior athletes together from around Australia, develop a shooting peer group, as well as giving the Juniors significant time to train and learn a few things to improve their shooting.



Each morning Jack Bale kicked us off with an exercise and balance program. Squats, lunges, planks, parloff presses, scapula pull back, push ups, yoga tree poses, dynamic balance movements and more!!! The importance of strengthening the muscles that build balance was highlighted for all. Jack Rossiter took us through general care and cleaning of the air rifles, and everyone had a go at cleaning their rifles. As far as shooting training, we focused on balance in standing position, understanding natural point of aim and developing a shot process.







COACHING CORNER JUNIOR CAMPS

The Queensland State Championships then posed an opportunity to try out some new things in a competition. So amazing to see the maturity and dedication of this group of young athletes in their preparation before the air rifle match, holding and working on building their balance and standing positions. Some great scores for some, and improvements that will come later for others.



It was also a great opportunity for the Coaches who support these Juniors to work together in a Coaching Team. This year, many of us have been meeting online once a month in a Coaches Catch Up, where we have been talking about specific aspects of air rifle shooting and the standing position. It was great for everyone to meet face to face and work together in real life. What an amazing group of volunteers who have been supporting these young shooters during the year, coming together to continue their work. My very sincere thanks to Coaches -Neil Davis, Jack Bale, Catherine Rashford, Julie Cane, Phil Martin, and Shane Bland. You are a great bunch to work with.



Thank you also to Shane Young and Ian Forsyth who fed the hungry hoards.

In December, we will be offering another Junior Development Camp in Adelaide from 15th to 19th. The camp will be focused on air rifle standing, however will also include .22 rifle positions. Any TRA juniors are welcome to attend.

To get involved in the Junior Development Camp or the Coaches Catch Ups – please email Carrie for more information <u>carrie@shootingaustralia.org</u>

COMPETITION CALENDAR NOVEMBER 2023



01 November	North West Victorian Postal Shoot
4-5 November	 Sutherland Prize Shoot (NSW)
05 November	 City Of Melbourne 50m Teams Match (VIC)
09-12 November	 TRA RBA National Championships (NSW)
11-12 November	• Lismore (NSW)
11 November	• TRA Online
18-19 November	 Tasmanian State Championship (TAS) Wingfield Rifle Club Open Competition & Benchrest Series Event (SA) Junee/Wagga Prize Shoot (NSW)
18-26 November	 ISSF World Cup Final (Doha, QAT)
20-26 November	• TRA Online
25 November	• Super ISSF Saturday (SA)